

Evaluation of PFOA and PFOS for human health standards

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WISCONSIN DEPARTMENT
of HEALTH SERVICES



Today's presentation

Basis for human health standards

Groundwater standard process

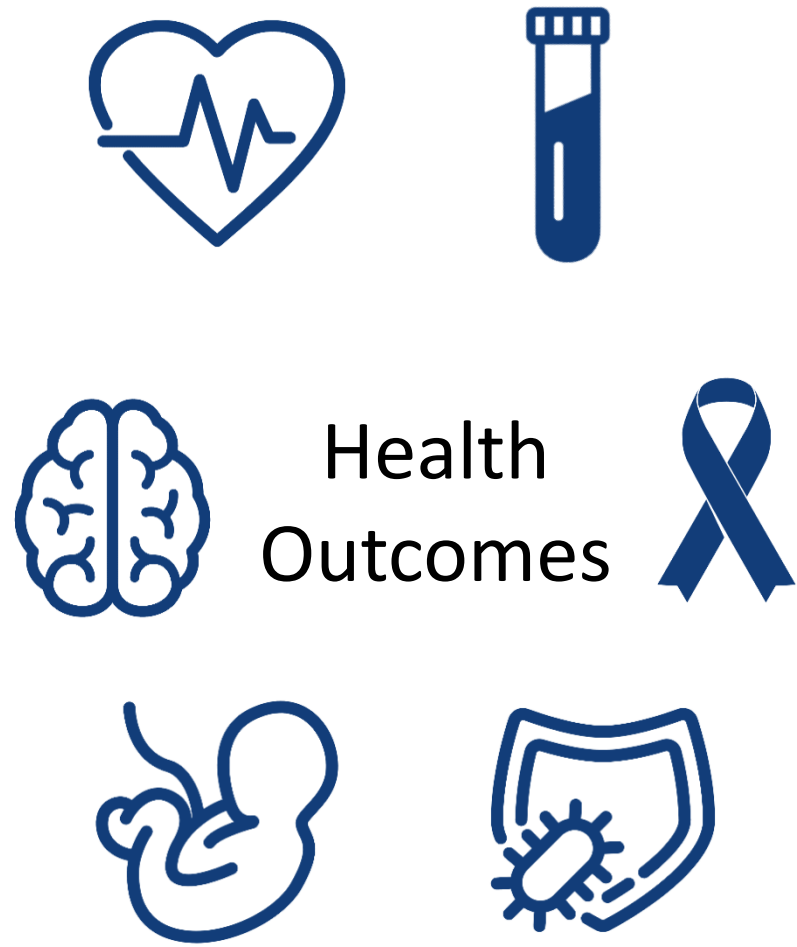
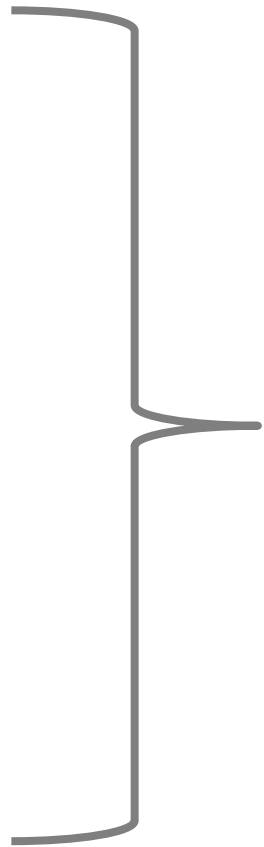
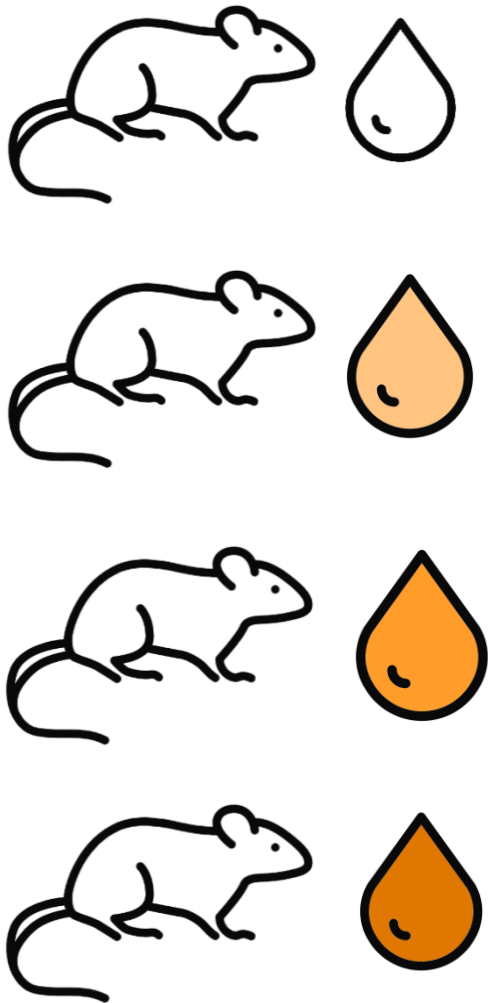
Recommended groundwater standard for PFOA

Recommended groundwater standard for PFOS

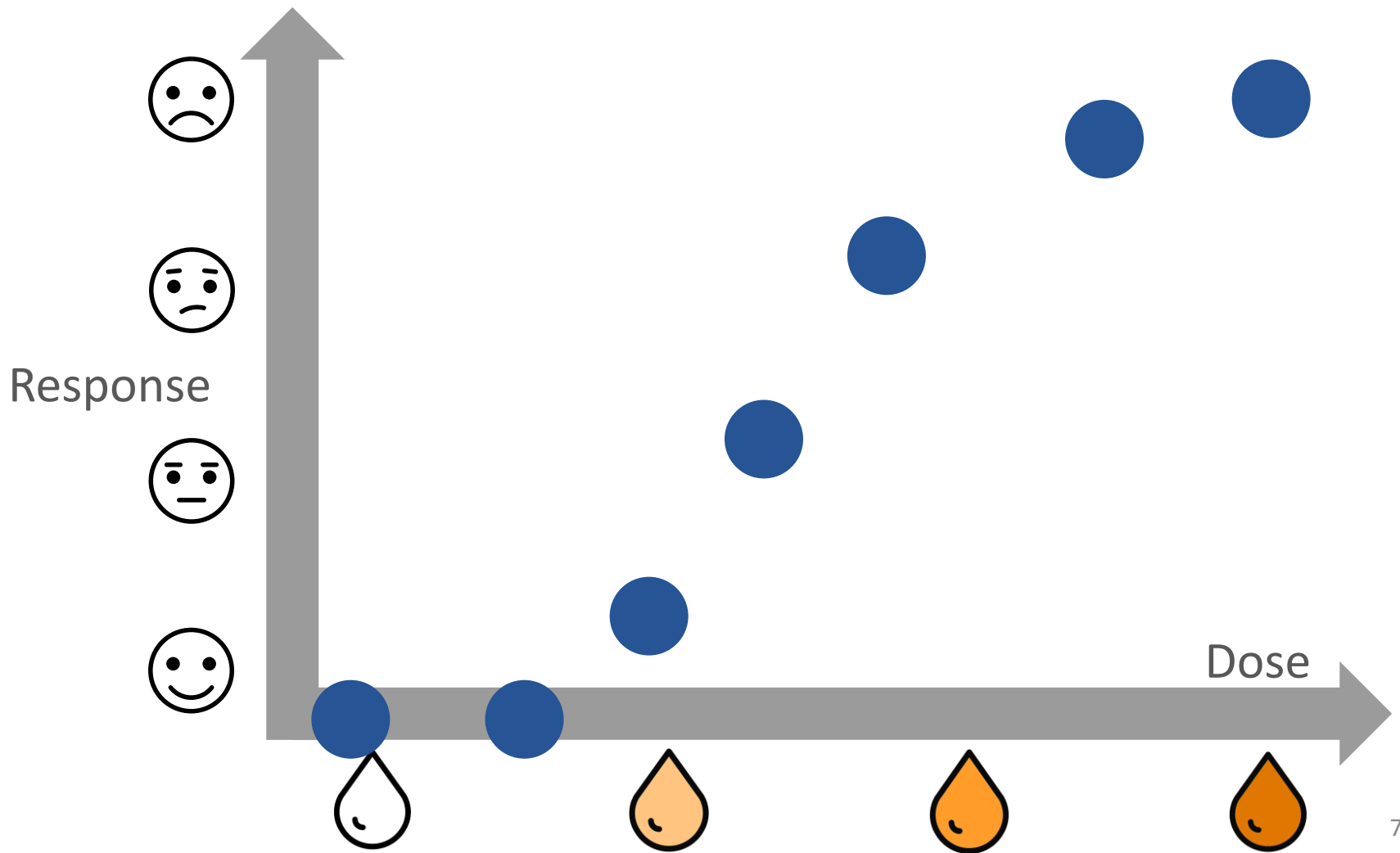
Standards
are set to
protect
health of
Wisconsin
residents.



Most human health standards are based on toxicology studies conducted in research animals.

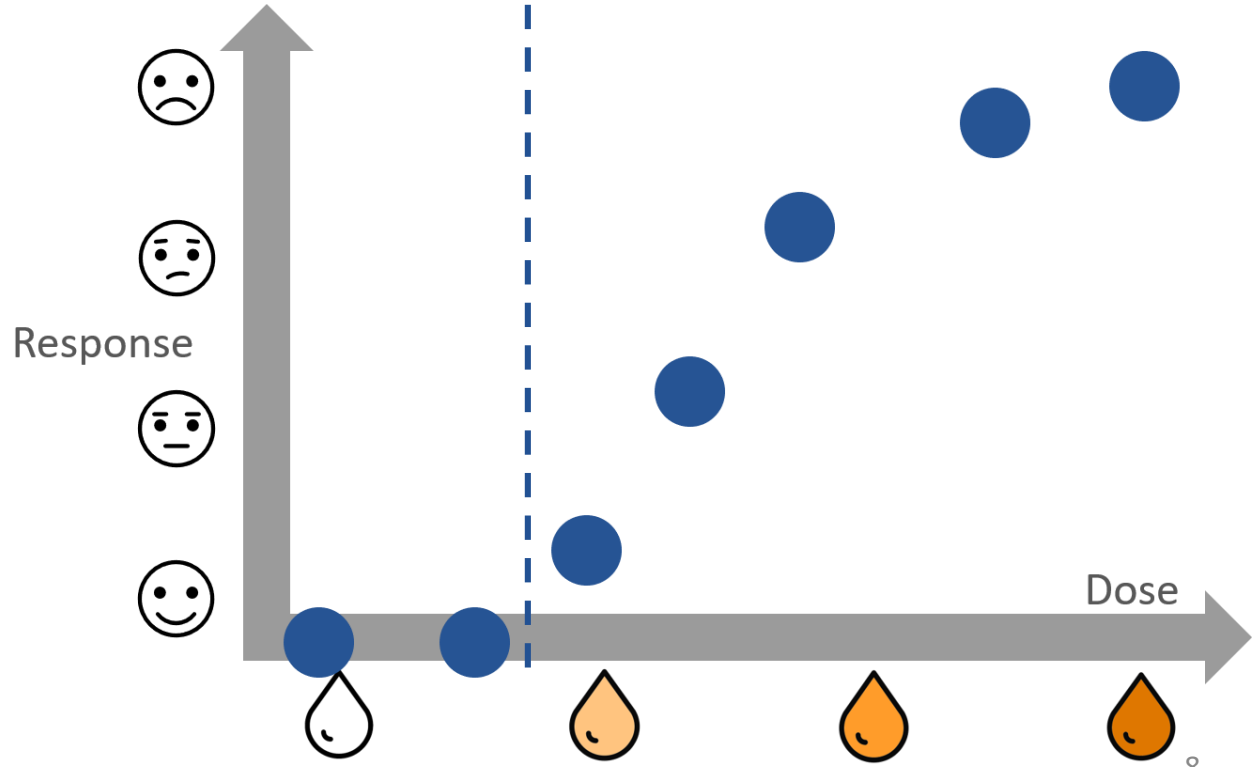


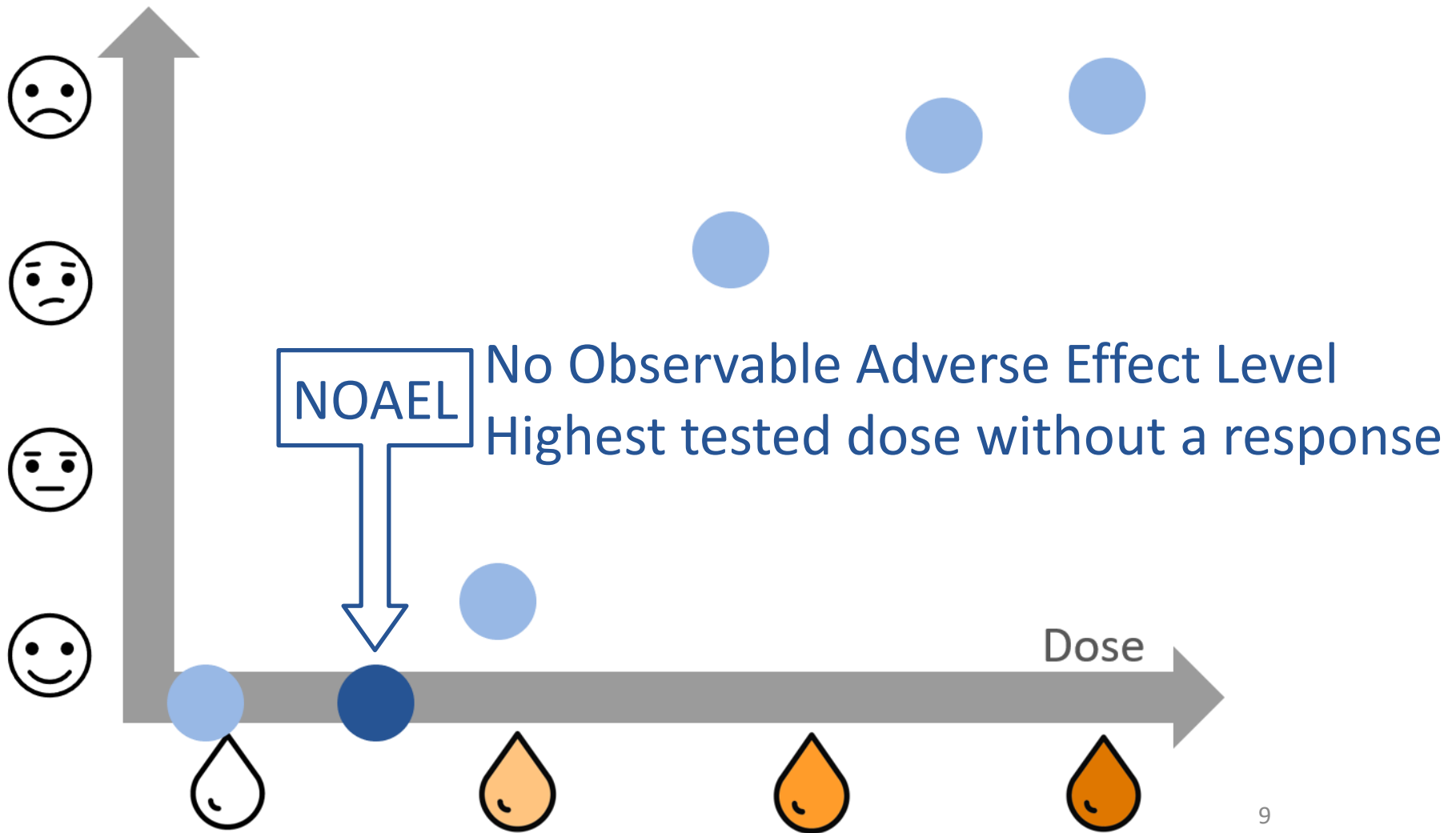
Dose response experiments are used to figure out **how much** of a chemical is needed to cause an effect.

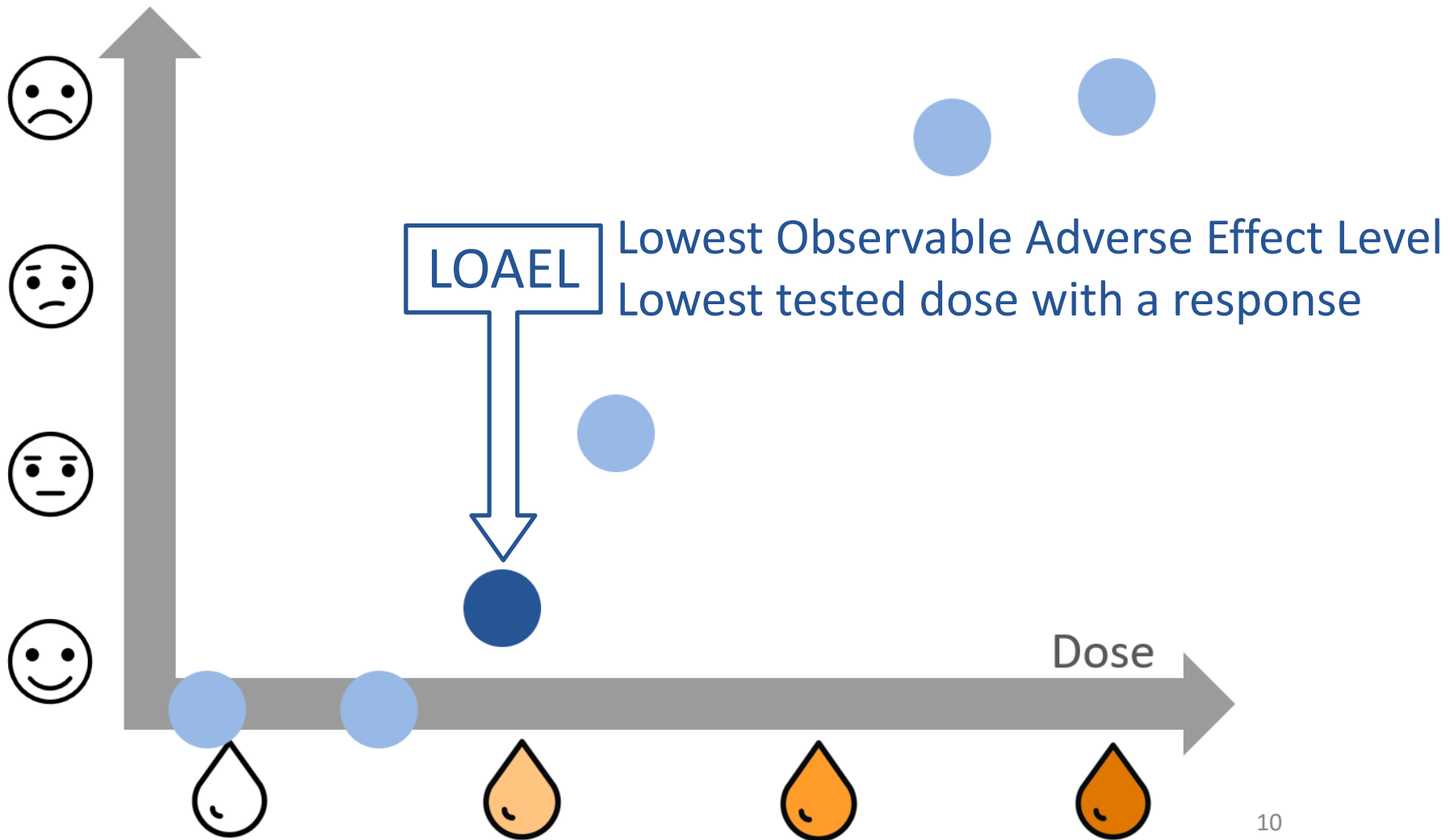


Most effects have a threshold.

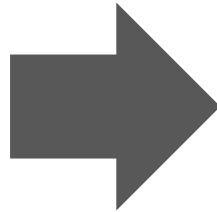
There is some level below which these effects are not expected to occur



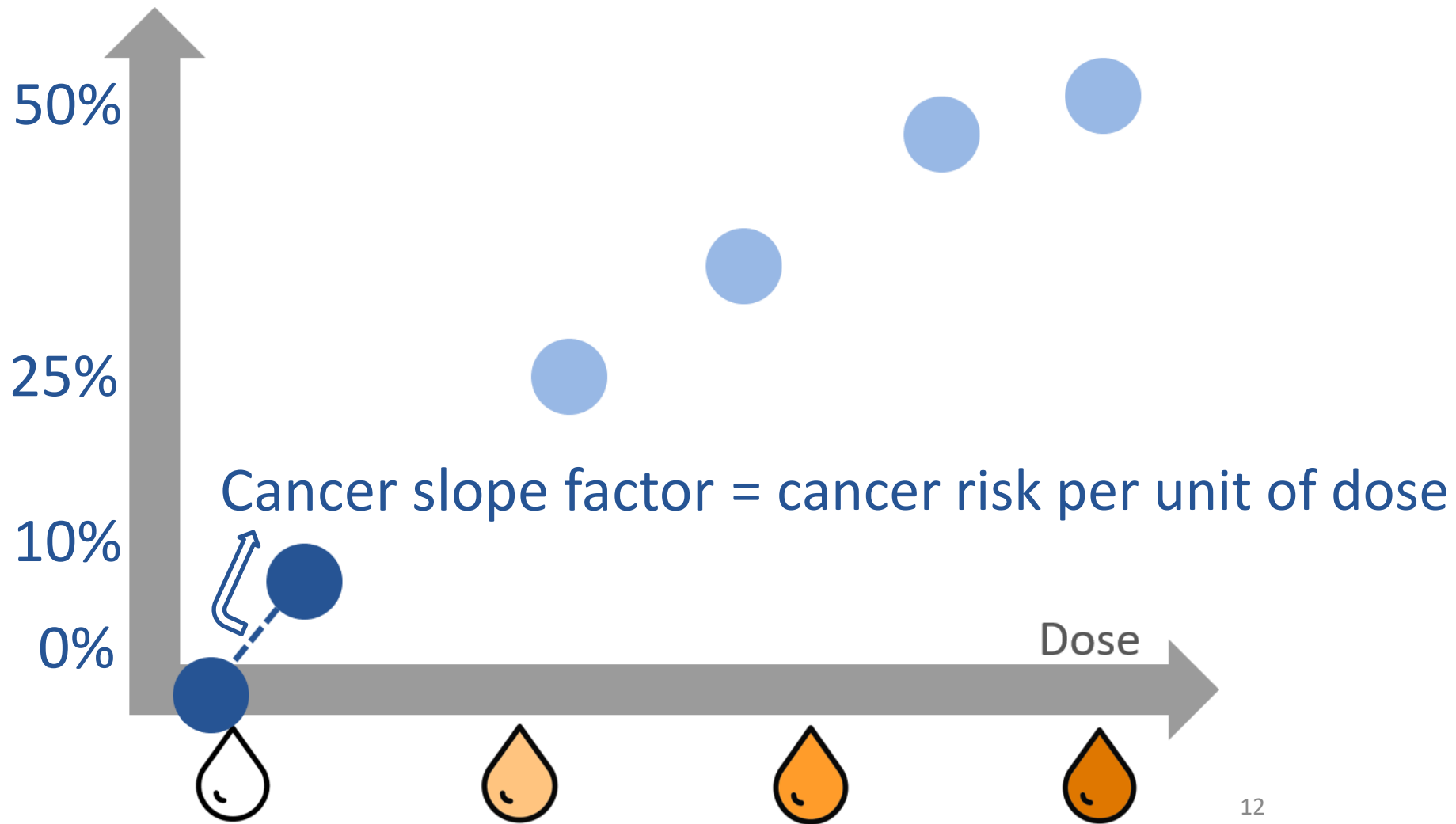




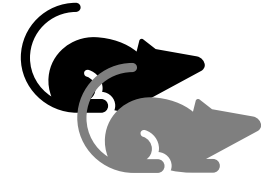
Cancer effects are usually considered to not have a threshold.



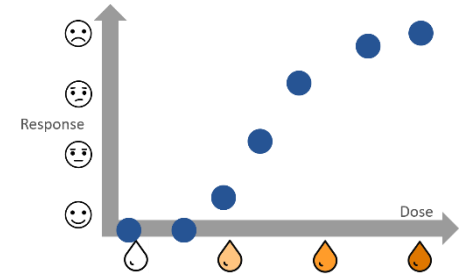
Any level can increase the cancer risk.



Most human health standards are based on toxicology studies conducted in research animals.



Toxicology studies called dose response experiments are used to figure out **how much** of a chemical is needed to cause an effect.



NOAEL

LOAEL

Cancer slope factor



Toxicology data are used to set standards that protect health of Wisconsin residents.

Groundwater



Two-thirds of
Wisconsin
residents use
groundwater.

Wisconsin's groundwater standards have 2 parts.

Enforcement Standard

Preventive Action Limit



Groundwater standard process



Groundwater standard process



The enforcement standard is established from available health information.



Enforcement standards can be based on:



Federal number



State drinking water standard



EPA value



Technical information



Cancer risk

Enforcement standards can be based on:



Federal
number

Concentration of a chemical in drinking water that is established by the EPA.

Maximum contaminant level (MCL)



Maximum contaminant level (MCL)

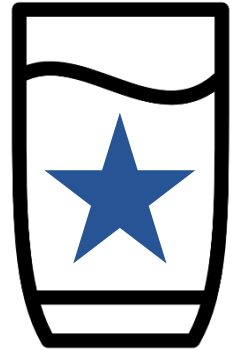
The highest level of a contaminant that is allowed in drinking water.



Maximum contaminant level (MCL) is the highest level of a contaminant that is allowed in drinking water.

Maximum contaminant level goal (MCLG)

The level of a contaminant in drinking water below which there is no known or expected risk to human health.



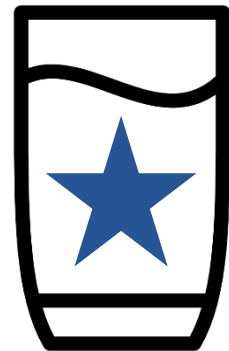


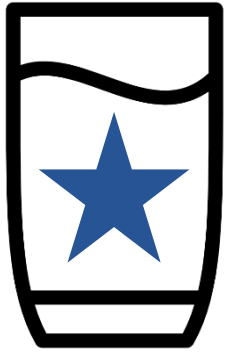
Maximum contaminant level (MCL)

is set as close to

Maximum contaminant level goal (MCLG)

as feasible.





MCLG

=

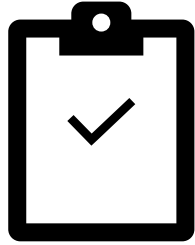
0

Most carcinogens

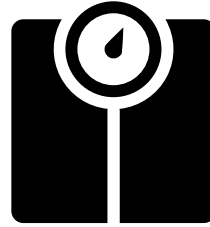
All other substances



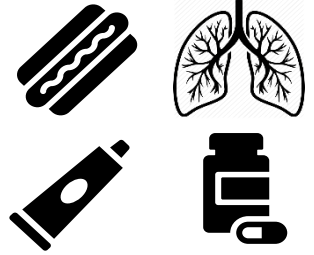
MCLG



Reference
dose



Body
weight



Relative source
contribution



Water
consumption

Enforcement standards can be based on:



Federal
number

Concentration of a chemical in drinking water that is established by the EPA.

Maximum contaminant level (MCL)

Health advisory



Health advisory

Level at which health effects are not anticipated to occur over a specified duration



Health advisories

1 day



10 day

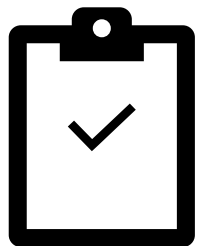


Lifetime

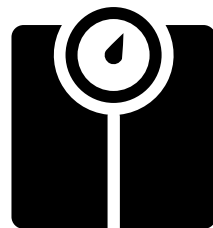




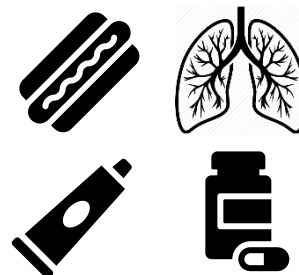
=



Reference
dose



Body
weight



Relative source
contribution



Water
consumption

Enforcement standards can be based on:



Federal
number

Concentration of a chemical in drinking water that is established by the EPA.

Maximum contaminant level (MCL)

Health advisory

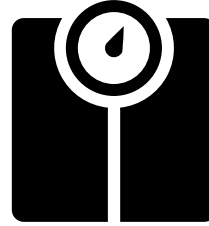
Concentration based on cancer risk level



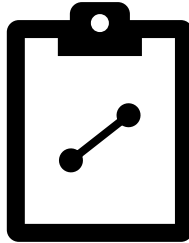
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Risk
level



Body
weight



Cancer slope
factor



Water
consumption

Concentration
based on
cancer risk
level

Enforcement standards can be based on:



State drinking water standard

Concentration of a chemical in drinking water that is established by the DNR.

Maximum contaminant level in Wis. Admin Code NR 809

Enforcement standards can be based on:



EPA value

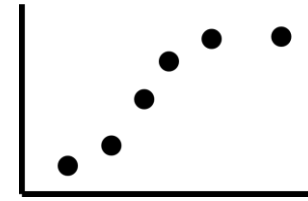
Amount of a chemical a person can be exposed to every day without health effects.

Oral reference dose

Acceptable daily intake (ADI)



Oral reference
dose

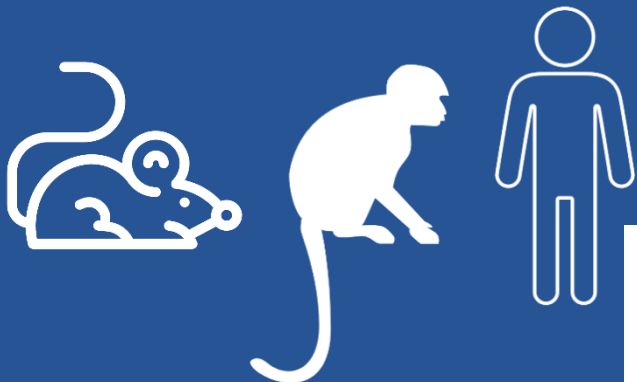


Toxicity value

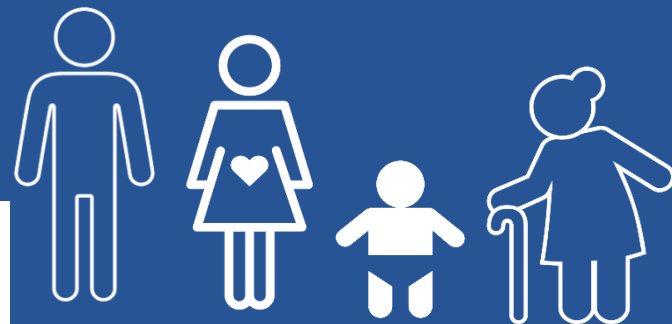


Uncertainty factor

Species



People



Study limitations



Available data



X
**Uncertainty
factors**

Enforcement standards can be based on:



Technical
information

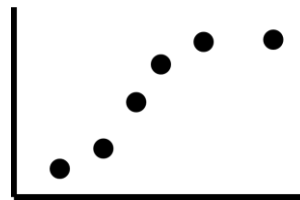
DHS can establish an ADI from available scientific information when:

There is no federal number or EPA value.

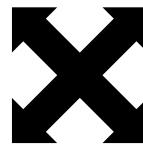
The information was not considered when the federal number/EPA value was established.



Acceptable
daily intake
(ADI)



Toxicity value



Uncertainty factor

Enforcement standards can be based on:



Cancer risk

DHS must ensure the standard does not allow for unacceptable cancer risk.



More than 1 case in 1,000,000 people

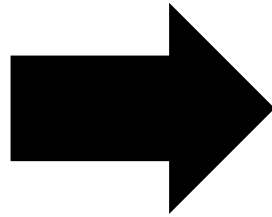
When an enforcement standard is based on:



Federal number



State drinking water standard



Use the concentration as the standard

When an enforcement standard is based on:



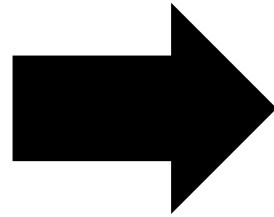
EPA value



Technical
information



Cancer risk



Calculate the
appropriate
standard

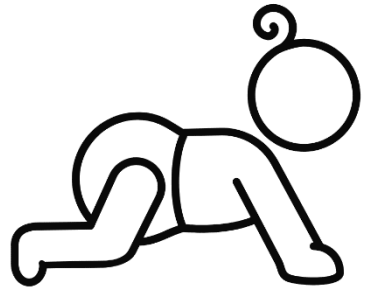
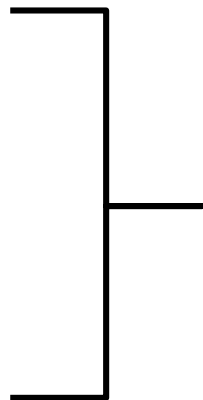
Enforcement standards based on



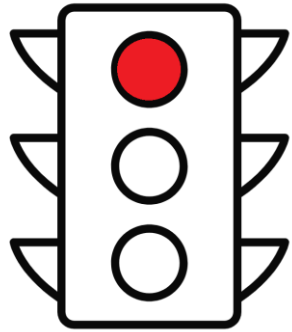
EPA value



Technical information



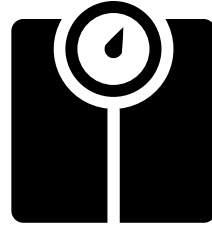
Set to protect a young child



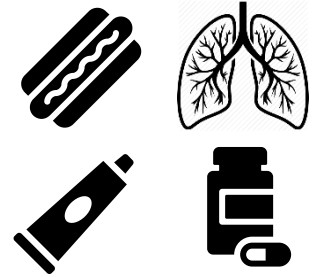
Enforcement
Standard



Acceptable
daily intake



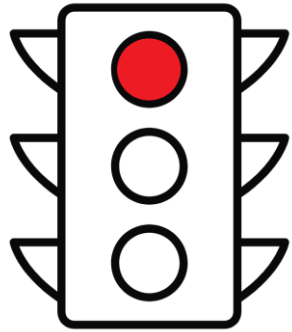
Body
weight



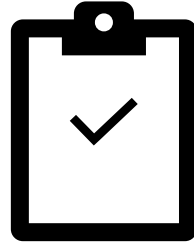
Relative source
contribution



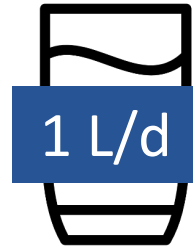
Water
consumption



$$\begin{array}{ccc} \text{Acceptable} & \times & \text{Body} \\ \text{daily intake} & & \text{weight} \\ & & \times \\ & & \text{Relative source} \\ & & \text{contribution} \end{array}$$



Enforcement
Standard

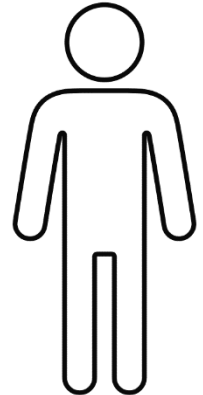


Water
consumption

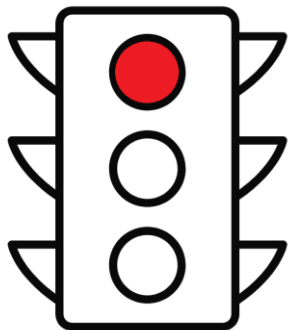
Enforcement standards based on



Cancer risk



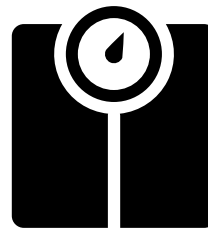
Set to protect
from a lifetime
of exposure



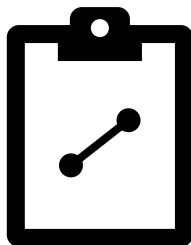
Enforcement
Standard



Risk
level



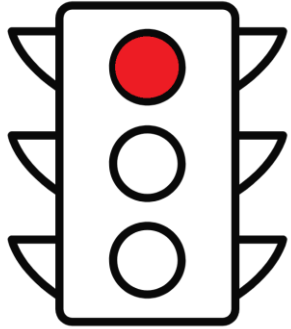
Body
weight



Cancer slope
factor



Water
consumption



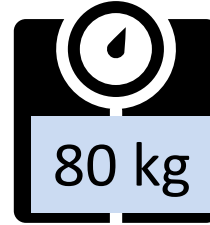
Enforcement
Standard

=



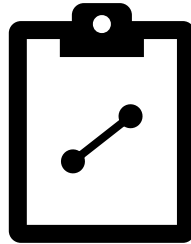
10^{-6}

Risk
level

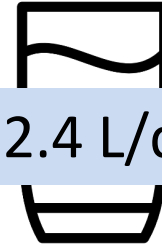


80 kg

Body
weight



Cancer slope
factor



2.4 L/d

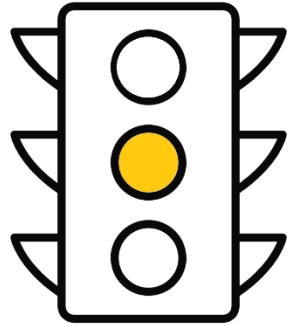
Water
consumption

Specified in Statute

Recommended by EPA

The preventive action limit is set at a percentage of the enforcement standard.





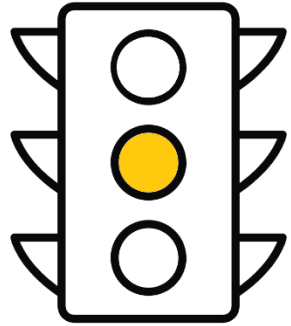
Preventive
action limit



10%

of the
enforcement
standard

Substances that
cause carcinogenic,
mutagenic,
teratogenic, or
interactive effects



Preventive
action limit



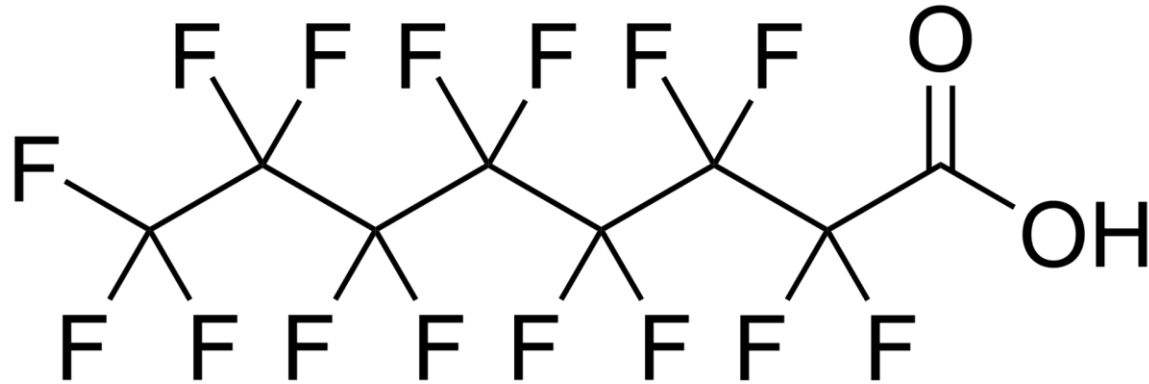
20%

of the
enforcement
standard

All other substances

PFOA

Perfluorooctanoic acid



Available scientific information for PFOA:



Federal number



State drinking water standard



EPA value



Technical information



Cancer risk

Available scientific information for PFOA:



Federal
number

Lifetime health advisory

70 ng/L for PFOA and PFOS

Established in 2016

Available scientific information for PFOA:



Federal
number

Concentration based on cancer risk

500 ng/L for PFOA

1 in 1,000,000 risk

Established in 2016

Available scientific information for PFOA:



EPA value

Oral reference dose

20 ng/kg-d

Established for use in setting the lifetime health advisory

Available scientific information for PFOA:



Technical information

Intermediate minimum risk level (MRL)

3 ng/kg-d

Proposed by ATSDR in 2018

Exposure duration of 15 – 365 days

Available scientific information for PFOA:



Technical information

Critical studies

Toxicity studies

Modeling studies

Available scientific information for PFOA:



Cancer risk

Cancer slope factor

0.07 (mg/kg-d)⁻¹

Established by EPA to set the concentration based on cancer risk

Available scientific information for PFOA:



Federal number



State drinking water standard



EPA value



Technical information

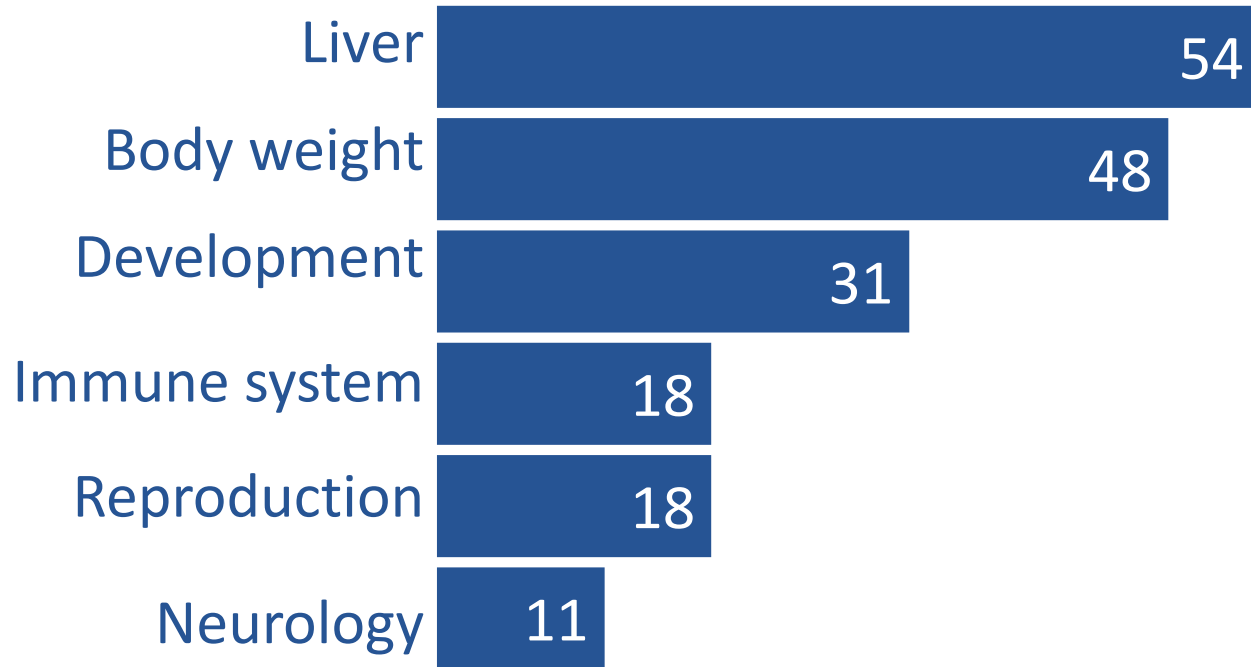


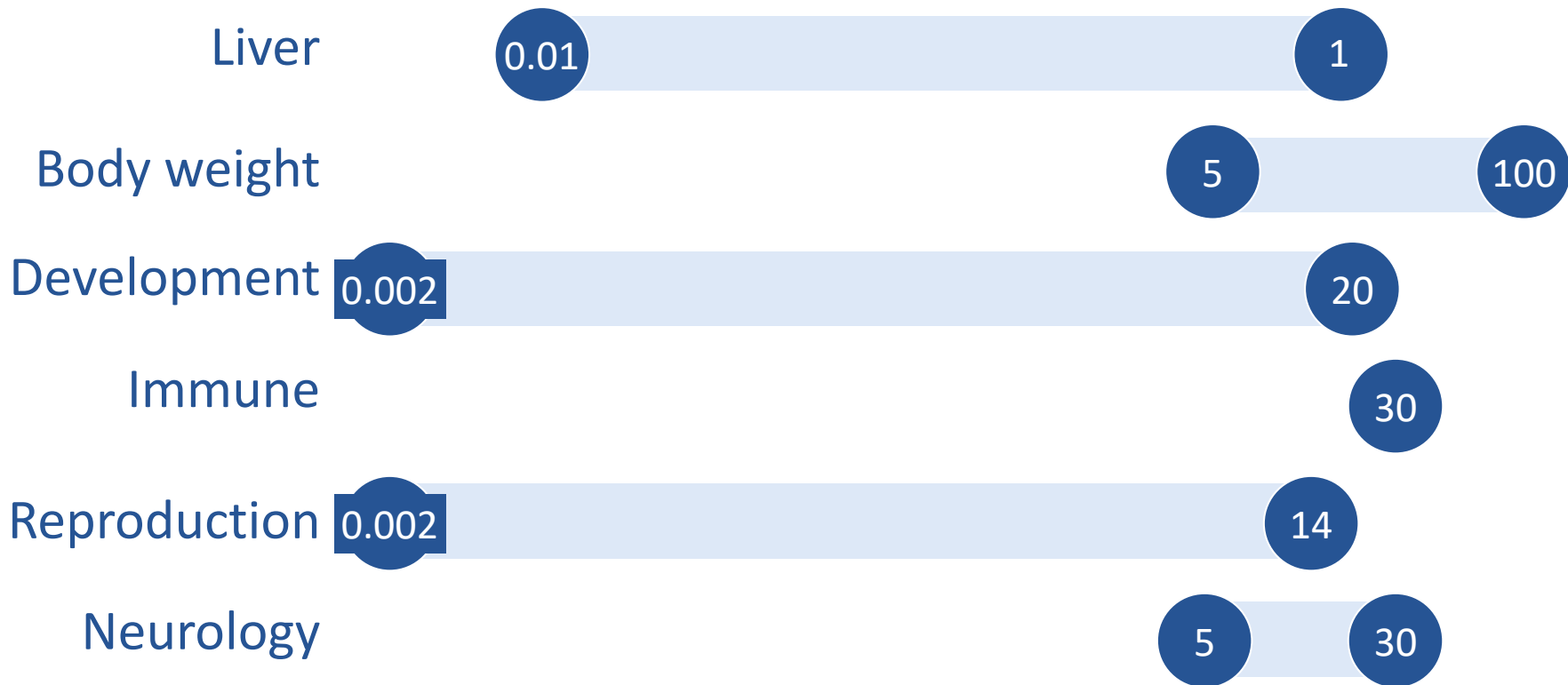
Cancer risk

In 2016, EPA established a combined health advisory of 70 ng/L for PFOA and PFOS.

200+ studies
evaluating
PFOA
toxicity in
research
animals

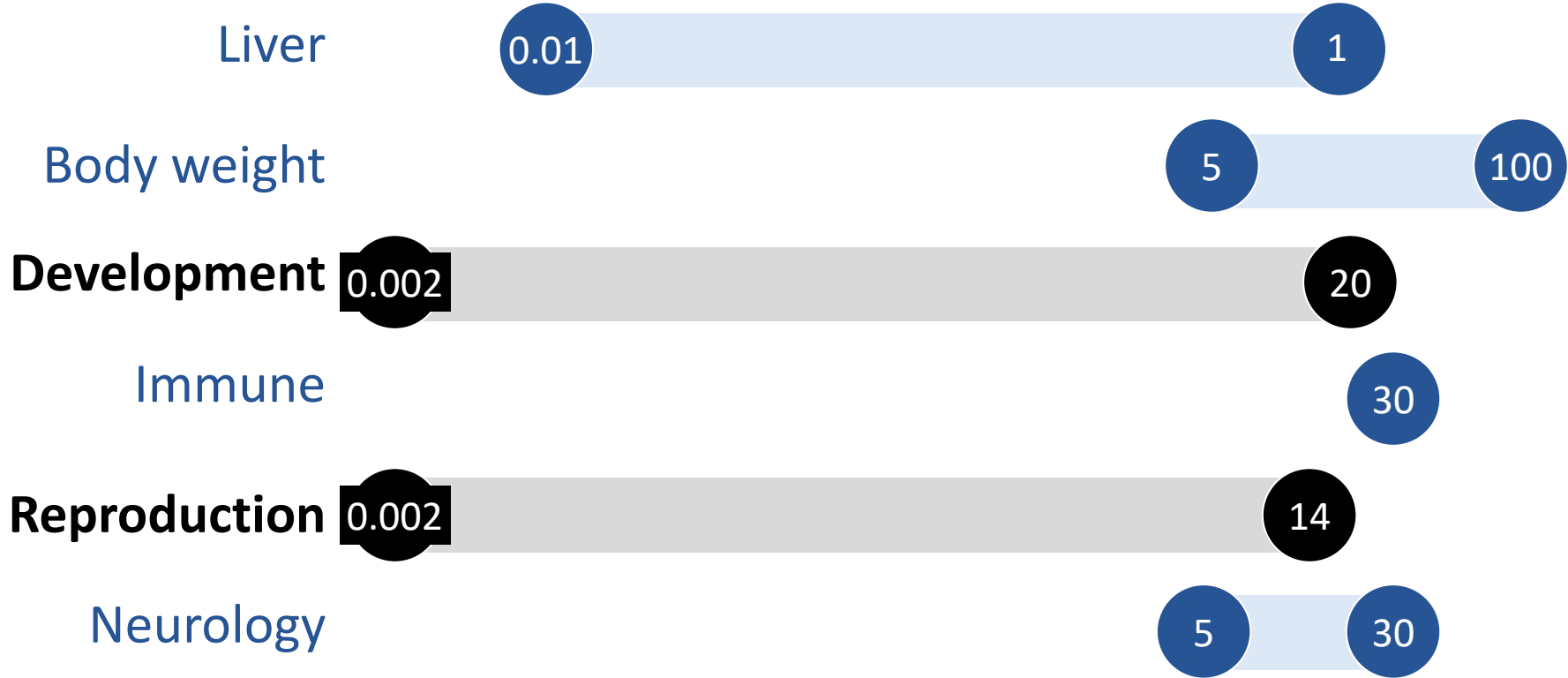
Most common endpoints:





LOAEL ranges from non-acute studies

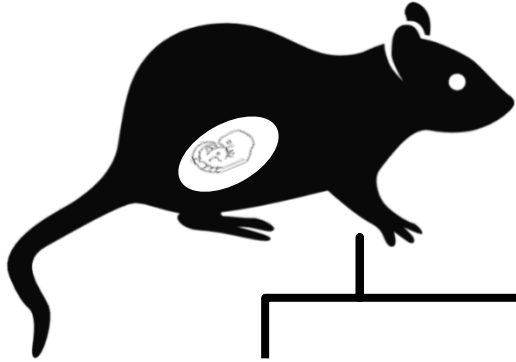
Development and reproduction are the most sensitive effects.



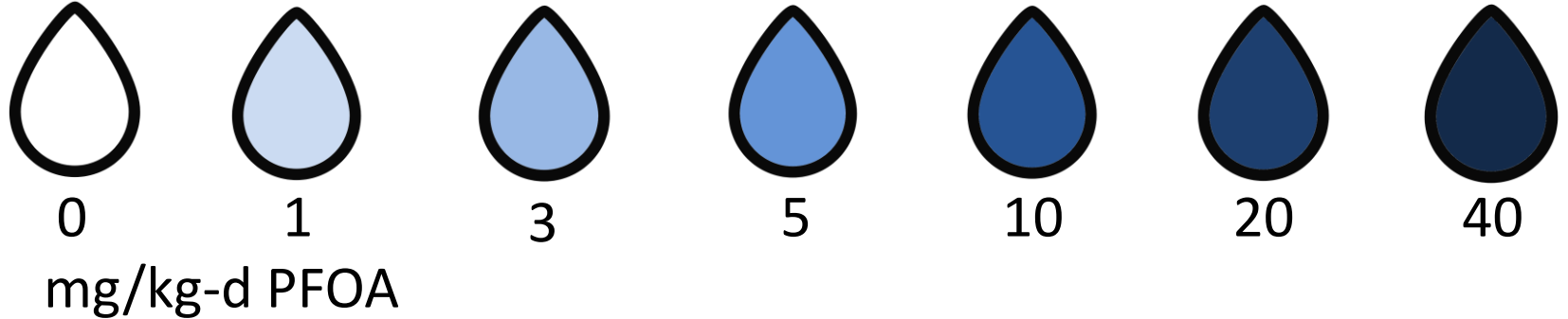
LOAEL ranges from non-acute studies

Babies are most sensitive to the effects of PFOA.

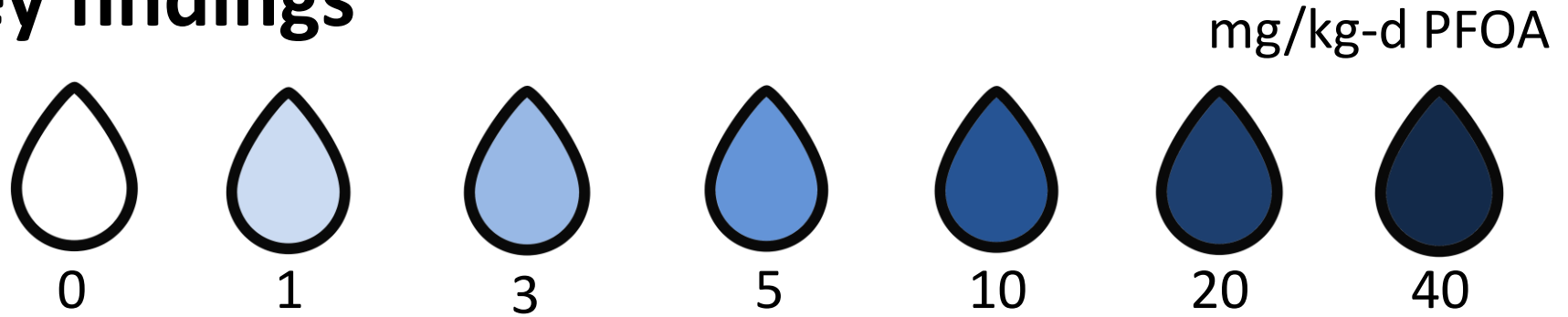




EPA based their advisory on a reproductive study in rats.



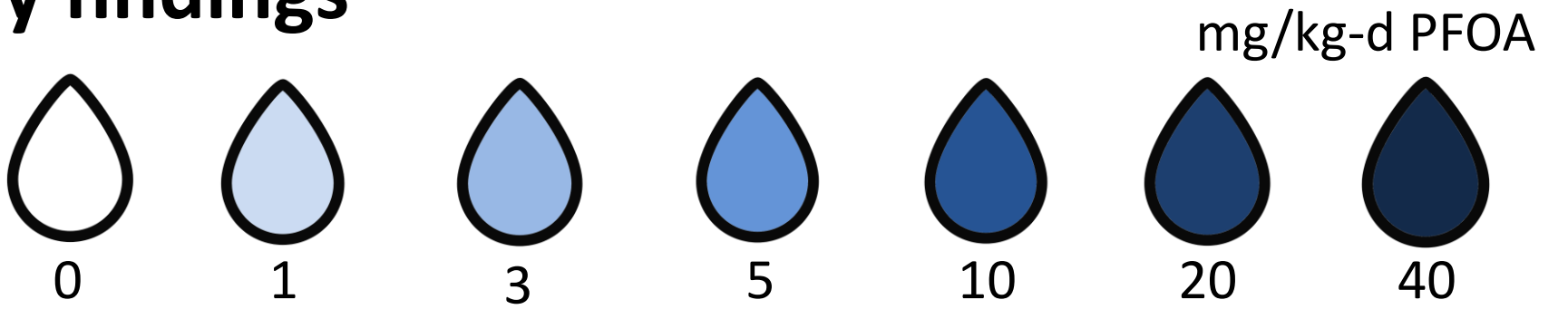
Key findings



Reproduction

Increased percent of animals
with full litter resorption

Key findings



Reproduction

Offspring survival

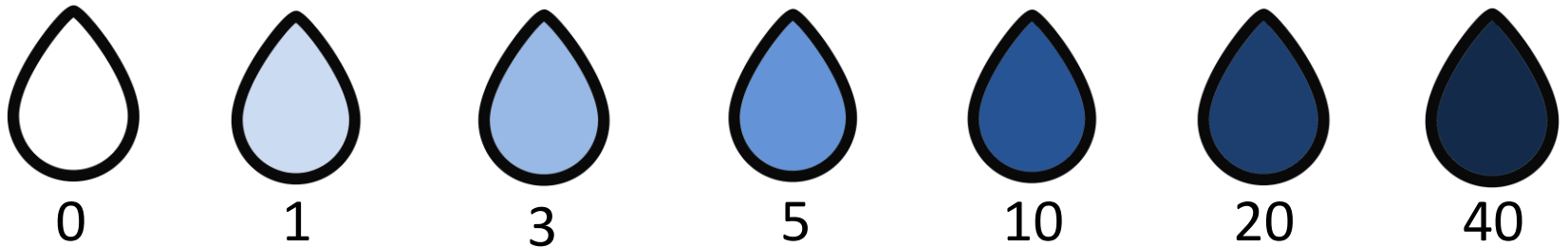
No births

Reduced percent survival based on number of implantations per animal



Key findings

mg/kg-d PFOA



Decreased number of ossification sites in forelimb proximal phalanges

Bone formation

Reproduction

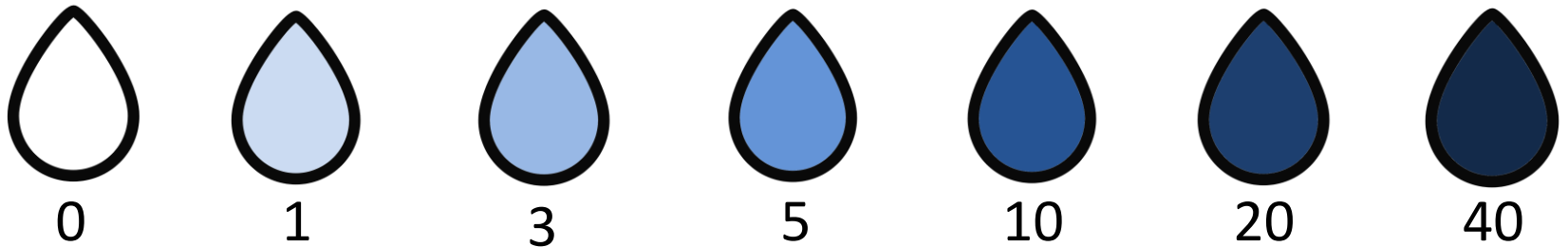
Offspring survival

No births

No births

Key findings

mg/kg-d PFOA



Reproduction

Offspring survival

Bone formation

Sexual development

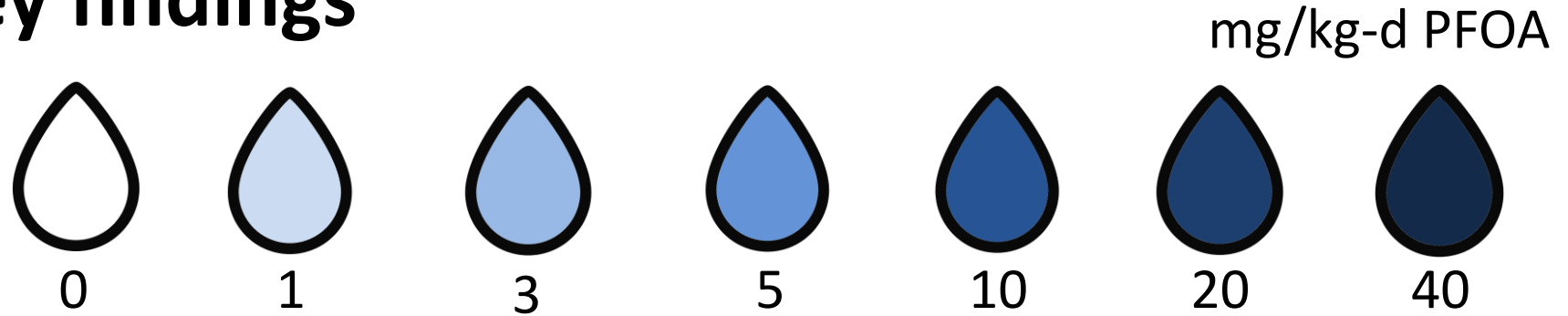
No births

Altered preputial separation



Summarized from Lau et al., 2006

Key findings



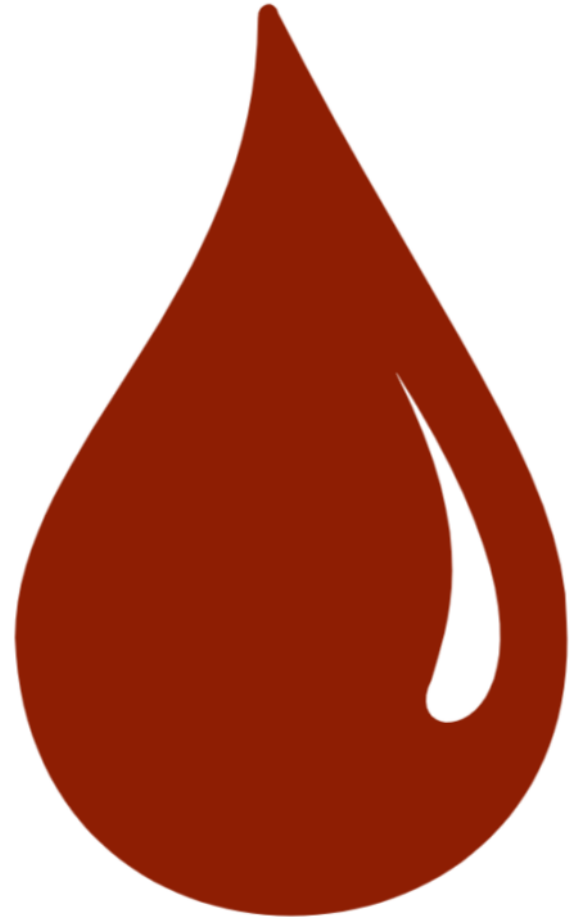
Reproduction

Offspring survival

Bone formation

Sexual development

We do not know how much PFAS has to be in our blood to cause health effects.



PFOA stays in people longer than animals.



4 days



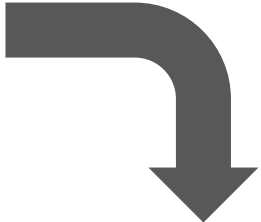
21 days



840 days

Half-life of PFOA in males

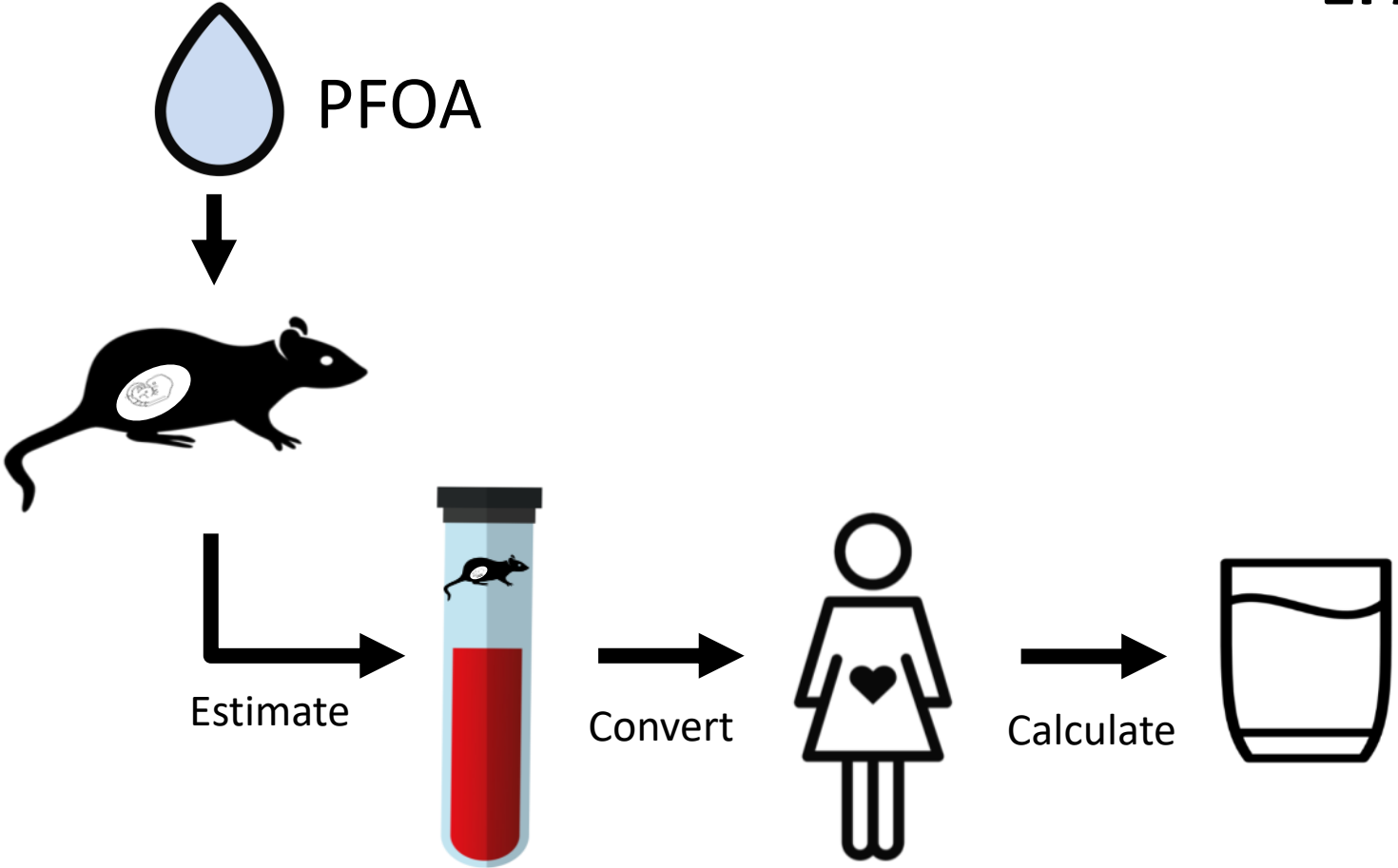
EPA's approach



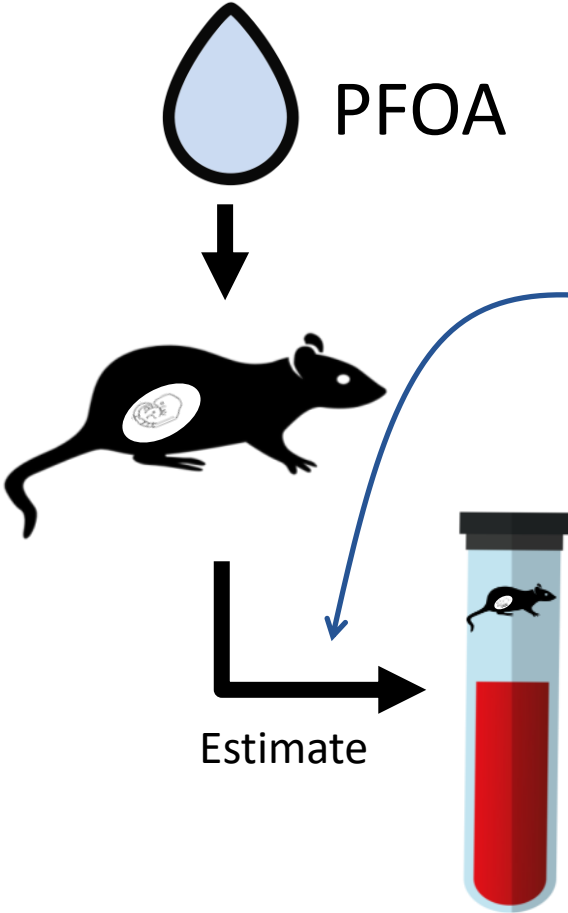
PFOA level in pregnant woman's blood

PFOA level in mother rat's blood at the dose that caused the critical effect in offspring

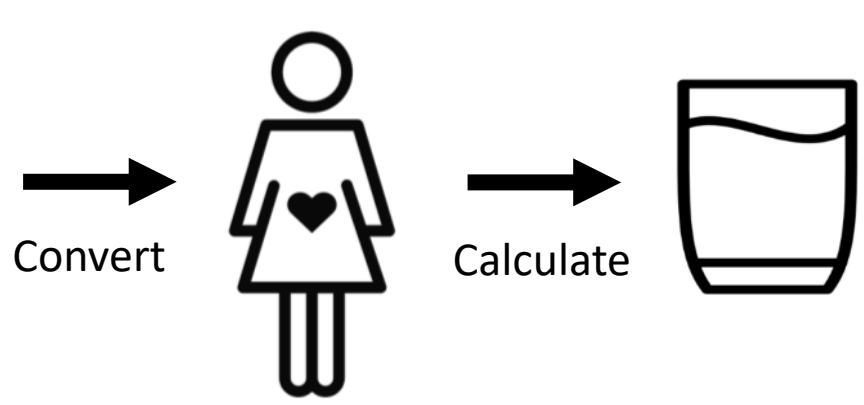
EPA's approach



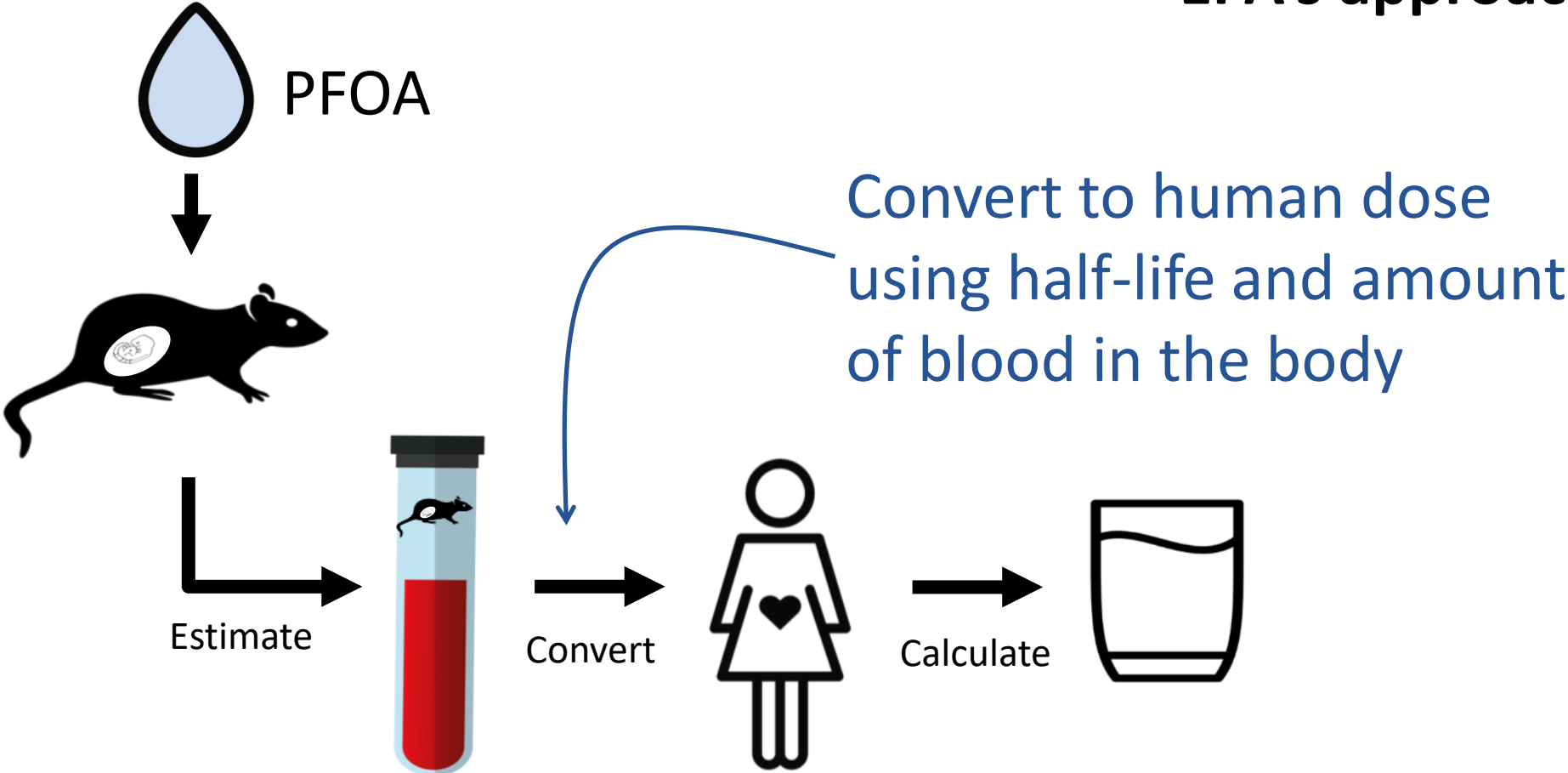
EPA's approach



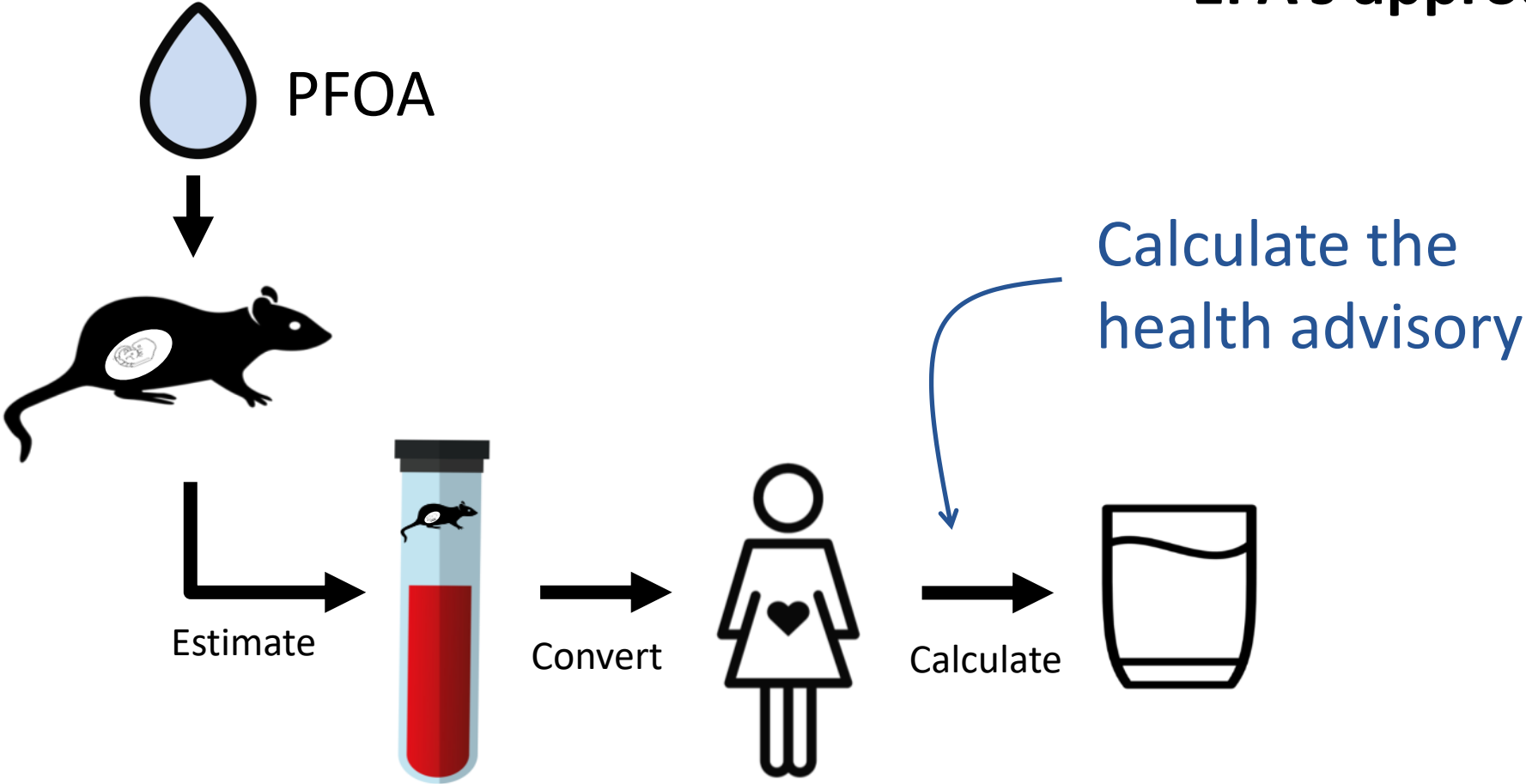
Estimate how much PFOA was in animal's blood at the dose that caused the critical effect



EPA's approach

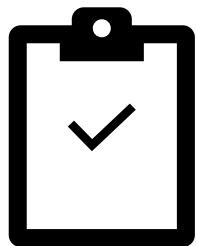


EPA's approach

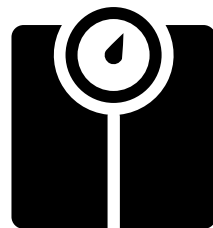




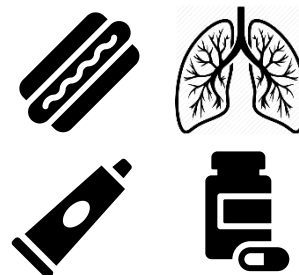
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Reference
dose



Body
weight



Relative source
contribution



Water
consumption

We have learned more about PFOA
since 2016.



PFOA can cross
the placenta
during
pregnancy.

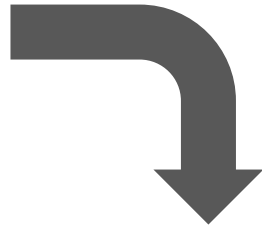
PFOA can pass
through
breastmilk.



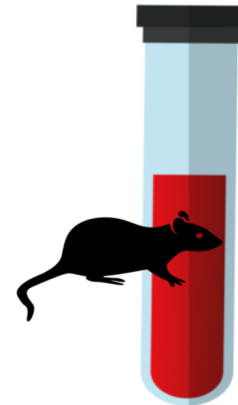
How can we
best protect
unborn and
breastfed
babies?



Kieskamp et al. approach

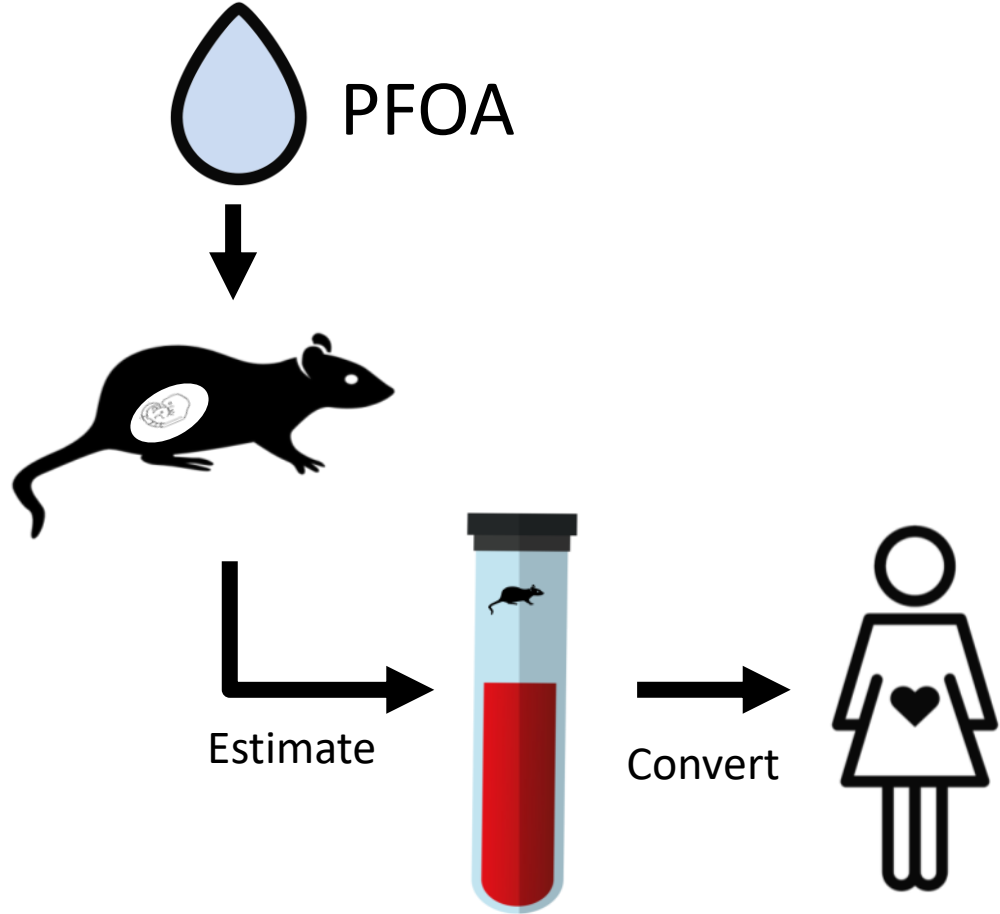


PFOA level in
baby's blood

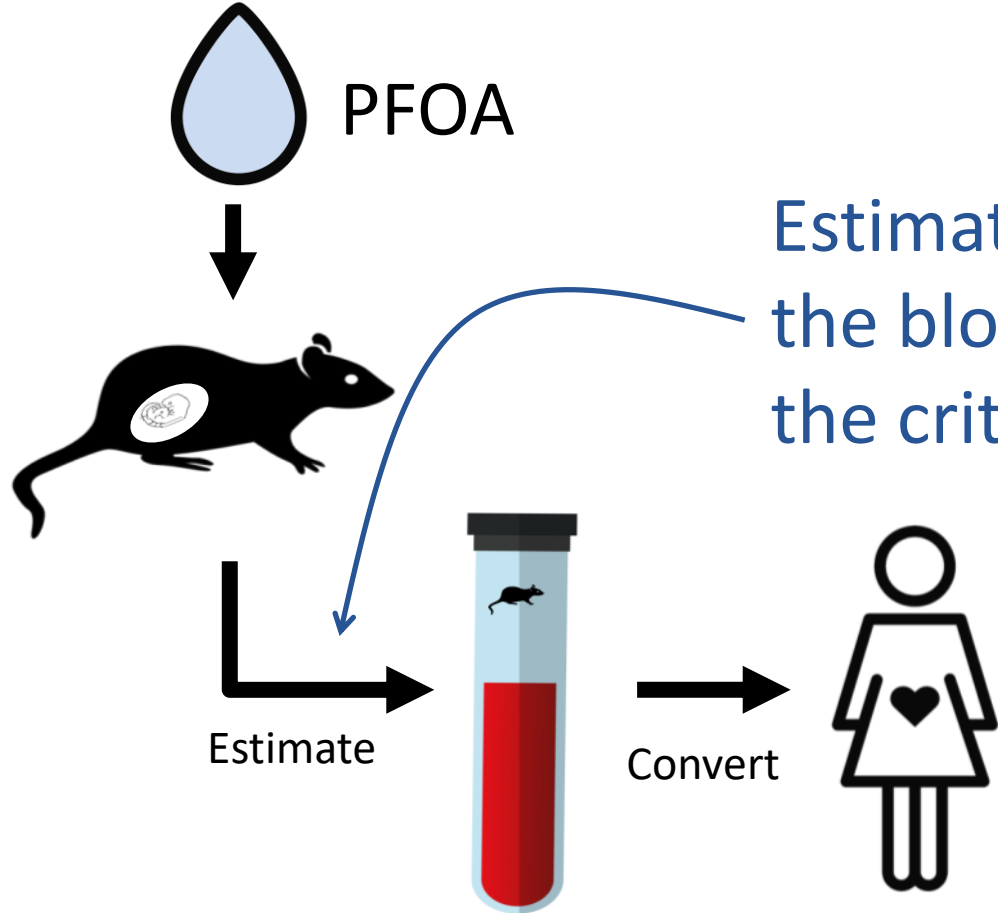


PFOA level in offspring's
blood that caused the
critical effect

Kieskamp et al. approach

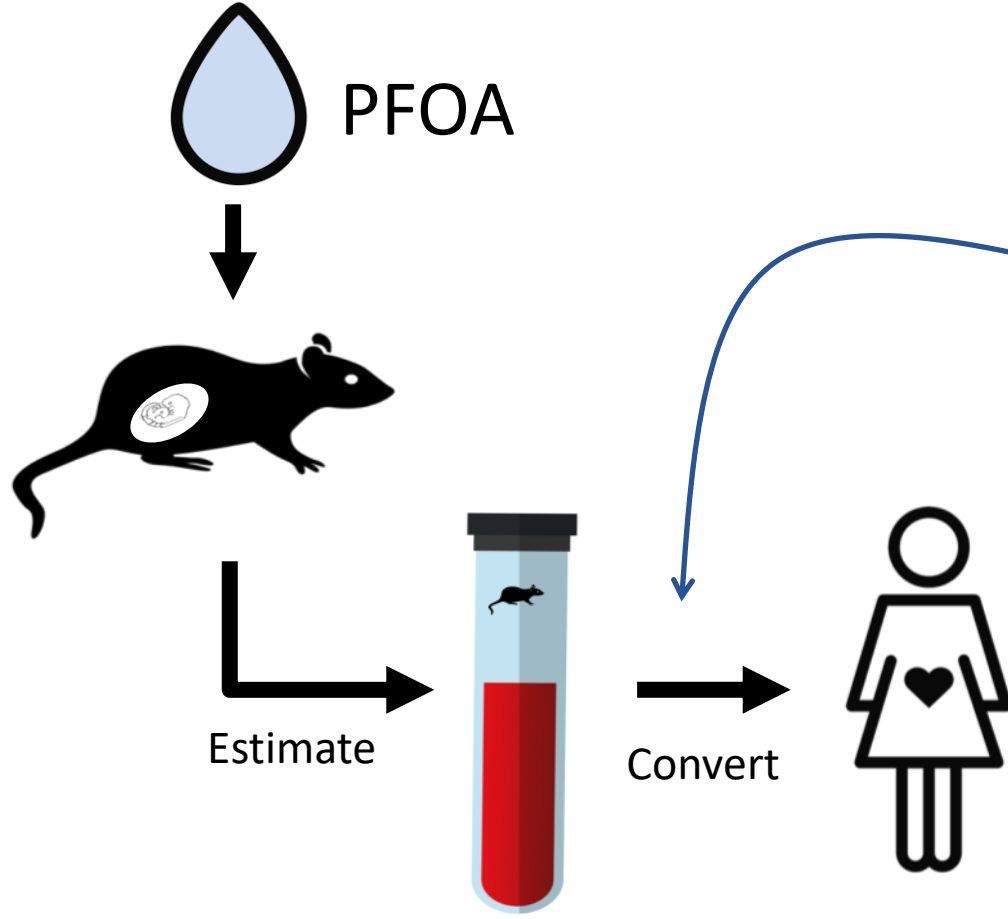


Kieskamp et al. approach



Estimate how much PFOA was in the blood of the offspring that had the critical effect.

Kieskamp et al. approach



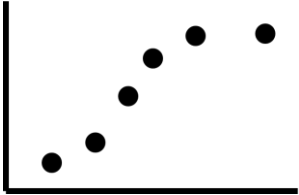
Converted to dose that would cause a baby to have the same level as the offspring – taking into effect half-life and breastfeeding duration

DHS calculations for PFOA:




Acceptable
daily intake
(ADI)

=



Toxicity value



Uncertainty factor

DHS calculations for PFOA:


Acceptable
daily intake
(ADI)

=

540 ng/kg-d

Toxicity value



Uncertainty factor

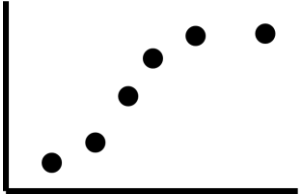
Human
equivalent dose
for breastfeeding
duration of 12
months and half-
life of 2.3 years

DHS calculations for PFOA:




Acceptable
daily intake
(ADI)

=



Toxicity value



300

Uncertainty factor

Accounts for differences between species, differences among people, and using a LOAEL.

DHS calculations for PFOA:


Acceptable
daily intake
(ADI)

=


540 ng/kg-d

Toxicity value

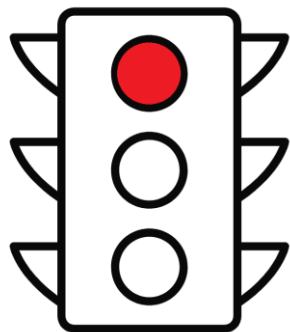
—


300

Uncertainty factor

=

2 ng/kg-d



Enforcement
Standard



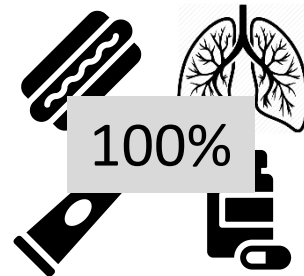
2 ng/kg-d

Acceptable
daily intake



10 kg

Body
weight



100%

Relative source
contribution

1 L/d

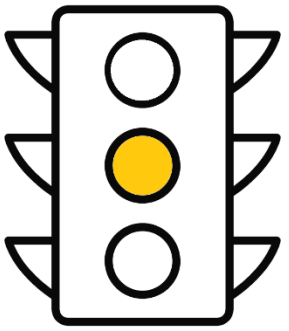
Water
consumption

DHS recommendation for PFOA



Enforcement
Standard

DHS recommendation for PFOA




Preventive
action limit



10%

of the
enforcement
standard

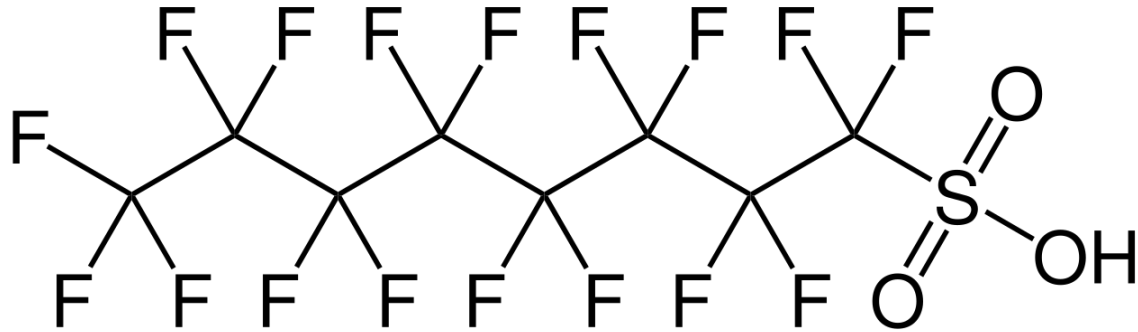
PFOA has been shown to cause carcinogenic, teratogenic, or interactive effects

A close-up photograph of a woman with dark, curly hair holding a baby. The woman is looking down at the baby with a gentle expression. The baby is lying back, looking up at the woman. The background is softly blurred, showing what appears to be a window with light coming through. The overall mood is tender and protective.

DHS recommends a combined enforcement standard of 20 ng/L for PFOA and PFOS.

PFOS

Perfluorooctane sulfonate



Available scientific information for PFOS:



Federal number



State drinking water standard



EPA value



Technical information



Cancer risk

Available scientific information for PFOA:



Federal
number

Lifetime health advisory

70 ng/L for PFOA and PFOS

Established in 2016

Available scientific information for PFOS:



EPA value

Oral reference dose

20 ng/kg-d

Established for use in setting the lifetime health advisory

Available scientific information for PFOS:



Technical
information

Intermediate minimum risk level (MRL)

2 ng/kg-d

Proposed by ATSDR in 2018

Exposure duration of 15 – 365 days

Available scientific information for PFOS:



Federal number



State drinking water standard



EPA value



Technical information



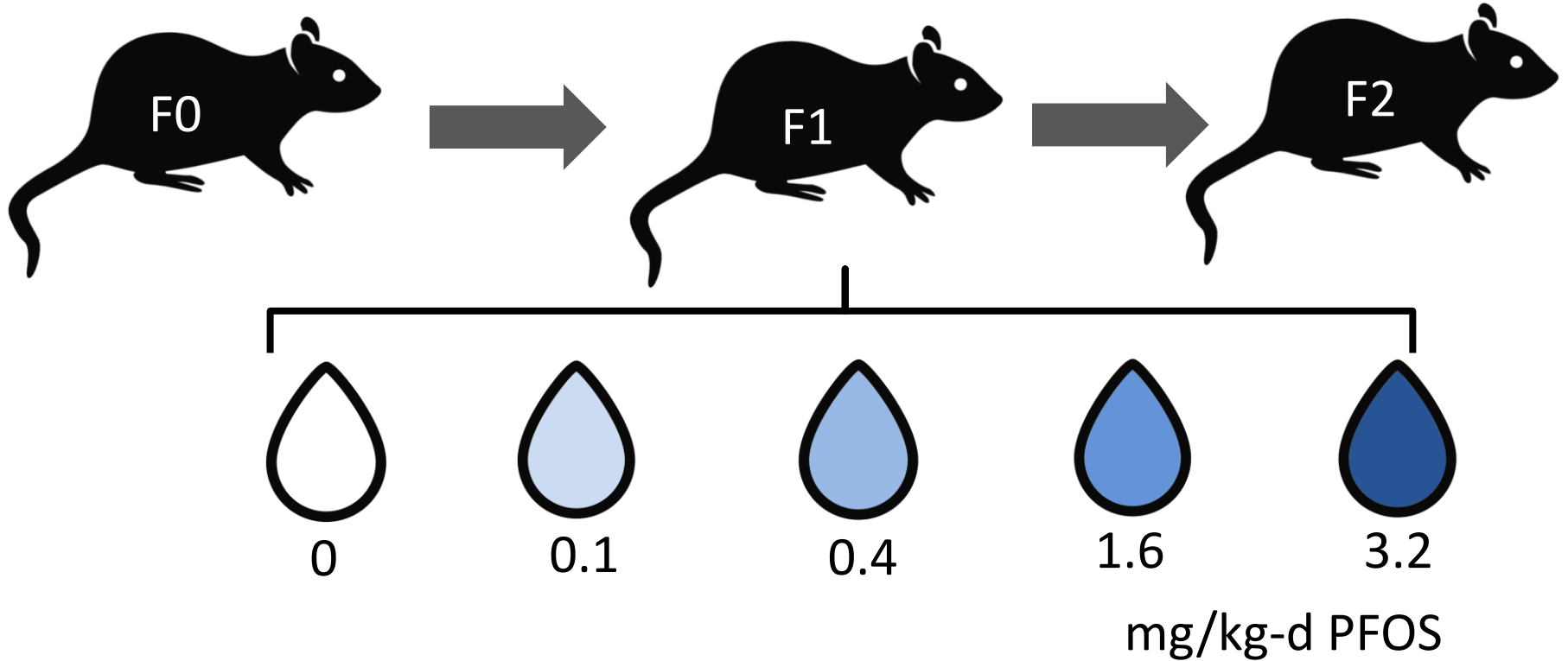
Cancer risk

In 2016, EPA established a combined health advisory of 70 ng/L for PFOA and PFOS.

Babies are most sensitive to the effects of PFOS.



EPA based their advisory on a 2-generation study in rats.



Key findings

mg/kg-d PFOS



0



0.1



0.4



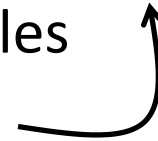
1.6



3.2

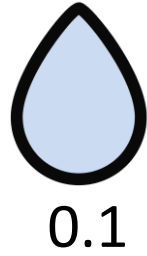
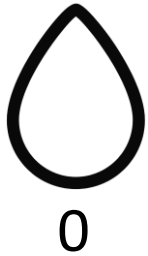
Body weight (F0)

Reduced body weight in males and females
at various timepoints during exposure -
corresponding with reduced food
consumption



Key findings

mg/kg-d PFOS



Body weight (F0)



Survival (F1)

Increased in number of pups found dead and decreased viability and lactation indices.

Key findings

mg/kg-d PFOS



0



0.1



0.4



1.6



3.2

Body weight (F0)

Survival (F1)

Body weight (F1)

Decreased weight per litter and
reduced weight change per litter



Key findings

mg/kg-d PFOS



0



0.1



0.4



1.6



3.2

Body weight (F0)

Survival (F1)

Body weight (F1)

Decreased weight per litter and reduced weight change per litter



**Body weight
(F2)**

Summarized from
Luebker et al., 2005b

Key findings

mg/kg-d PFOS



0



0.1



0.4



1.6




3.2

Body weight (F0)

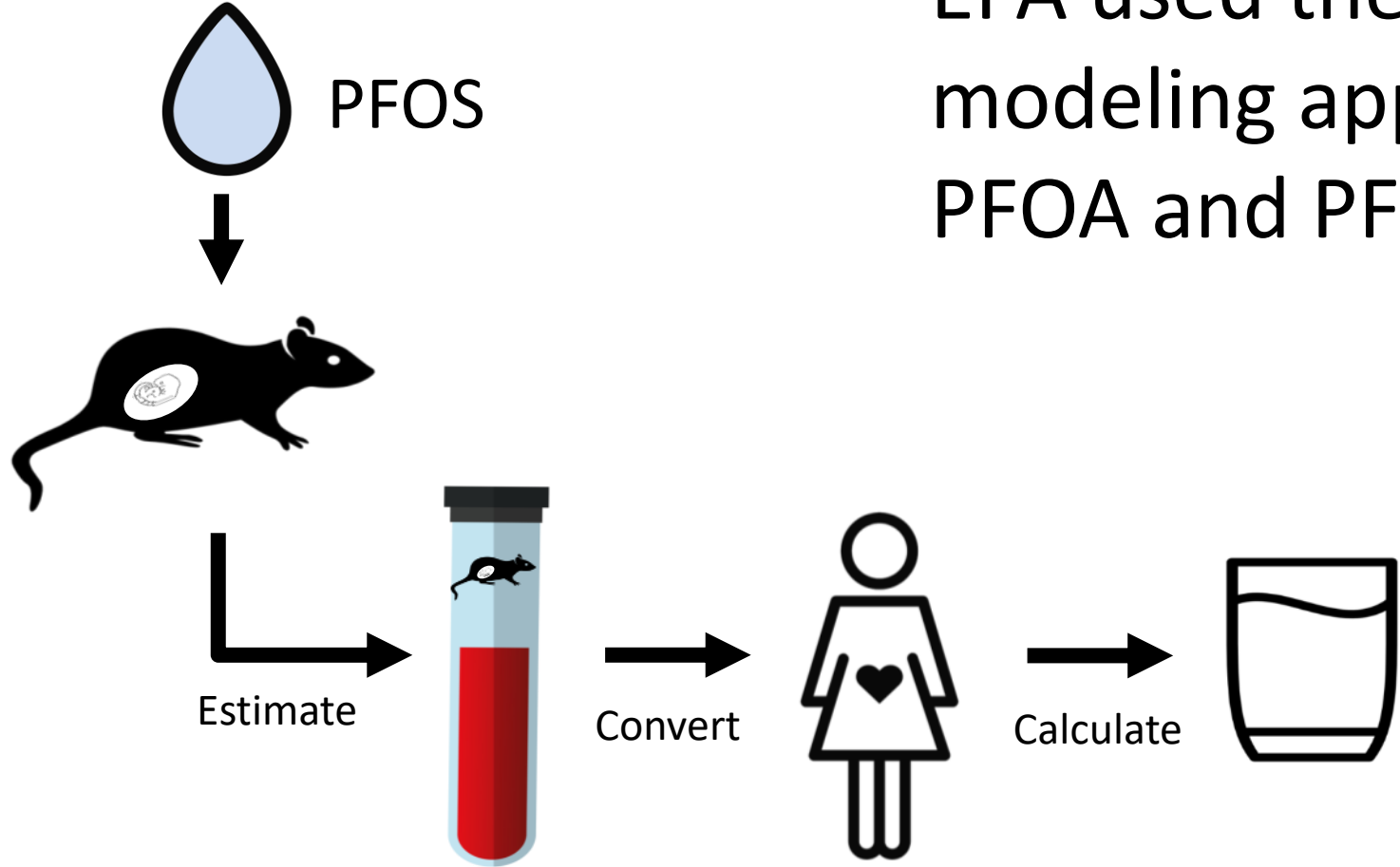
Survival (F1)

Body weight (F1)

 Body weight (F2)

Summarized from Luebker et al., 2005b

EPA used the same modeling approach for PFOA and PFOS.



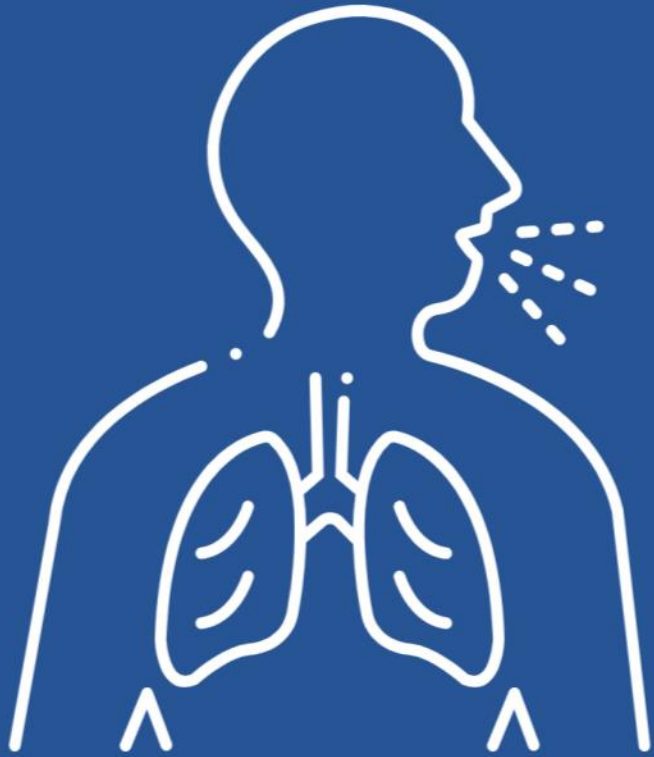
We have learned more PFOS since
2016.



PFOS can cross
the placenta
during
pregnancy.

PFOS can pass
through
breastmilk.

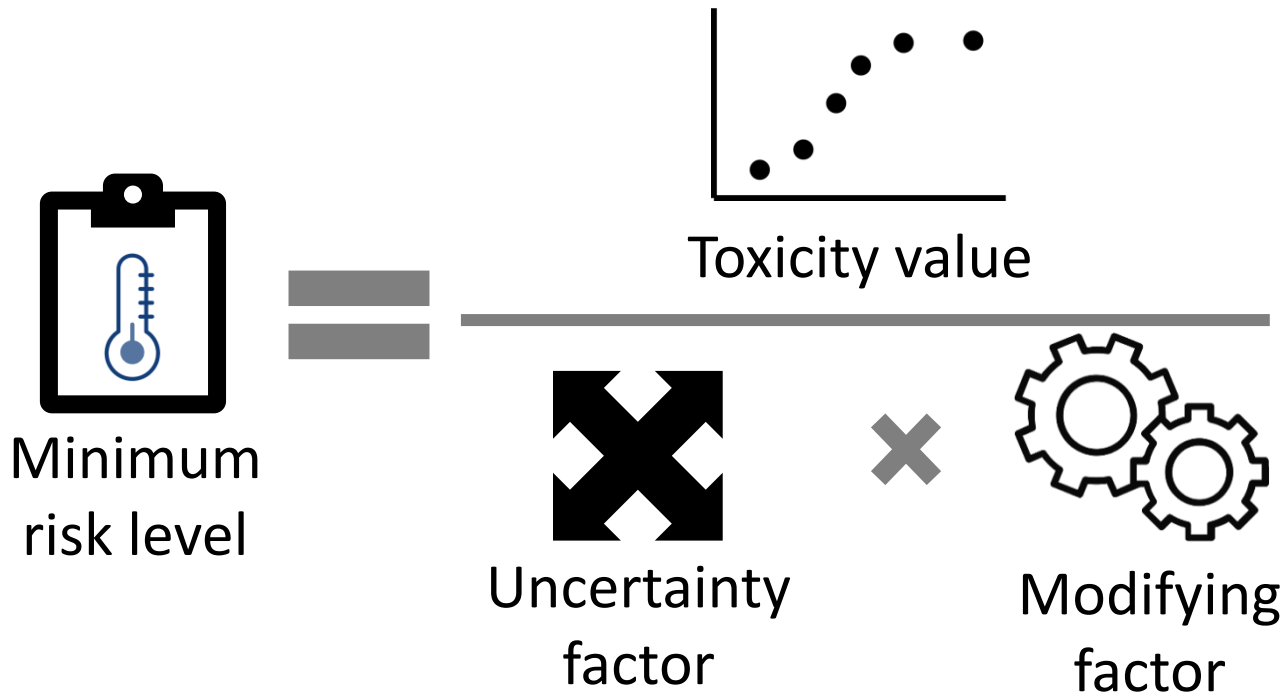




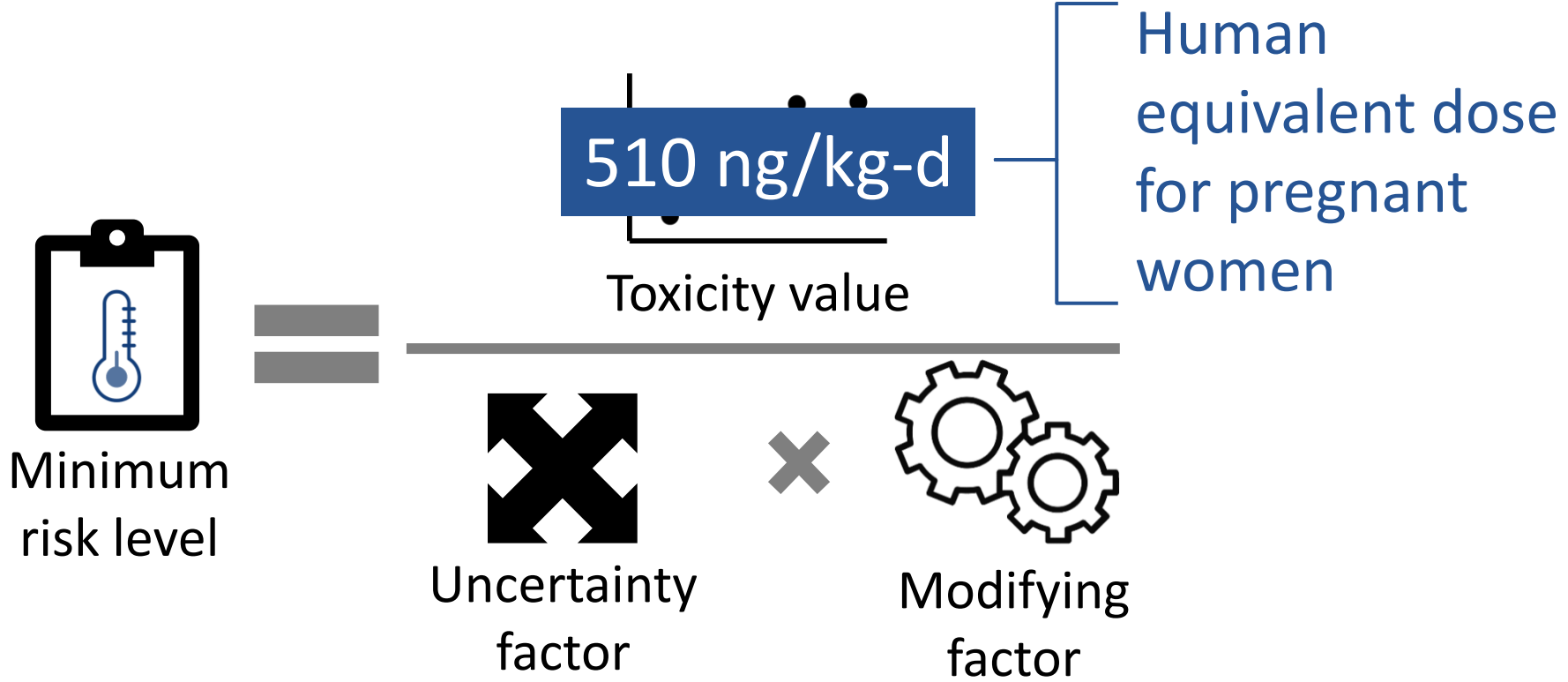
PFOS may increase the risk for asthma, food allergies, and certain infectious diseases.

In 2018, ATSDR proposed a minimum risk level of 2 ng/kg-d for PFOS.

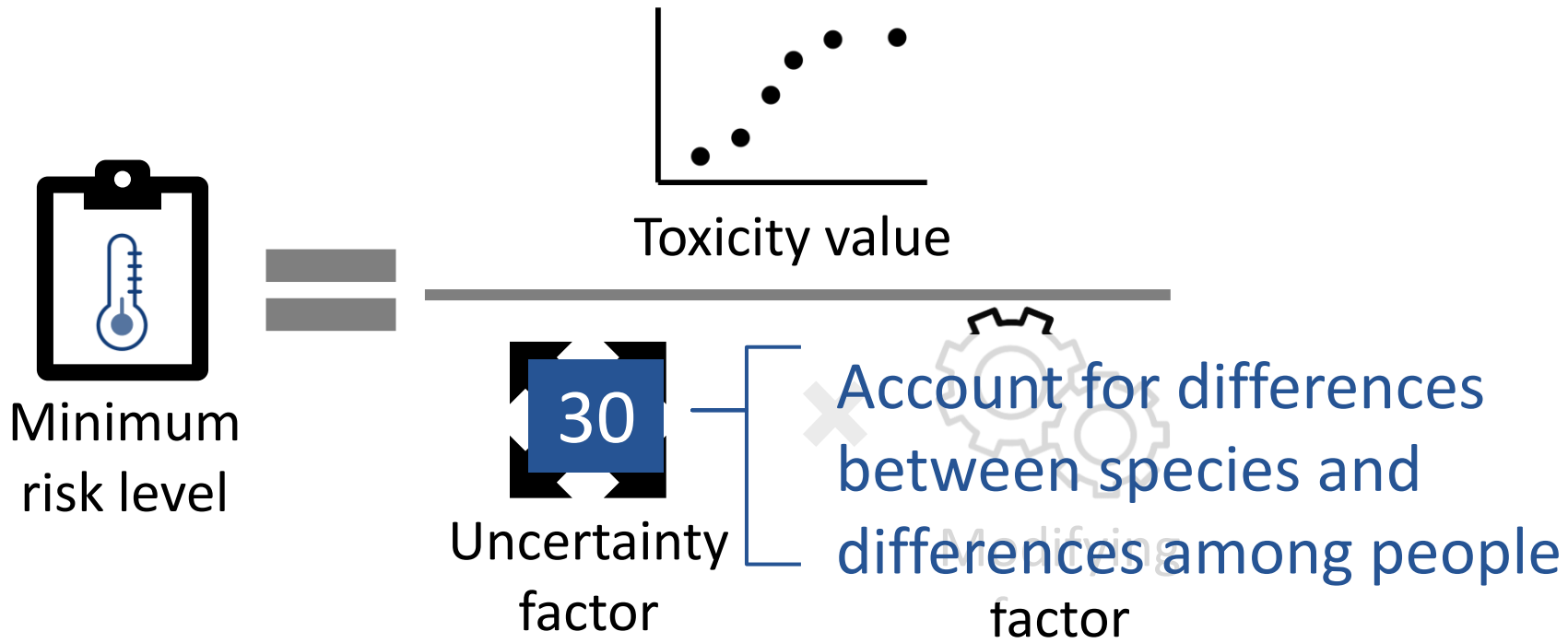
ATSDR's calculation for PFOS:



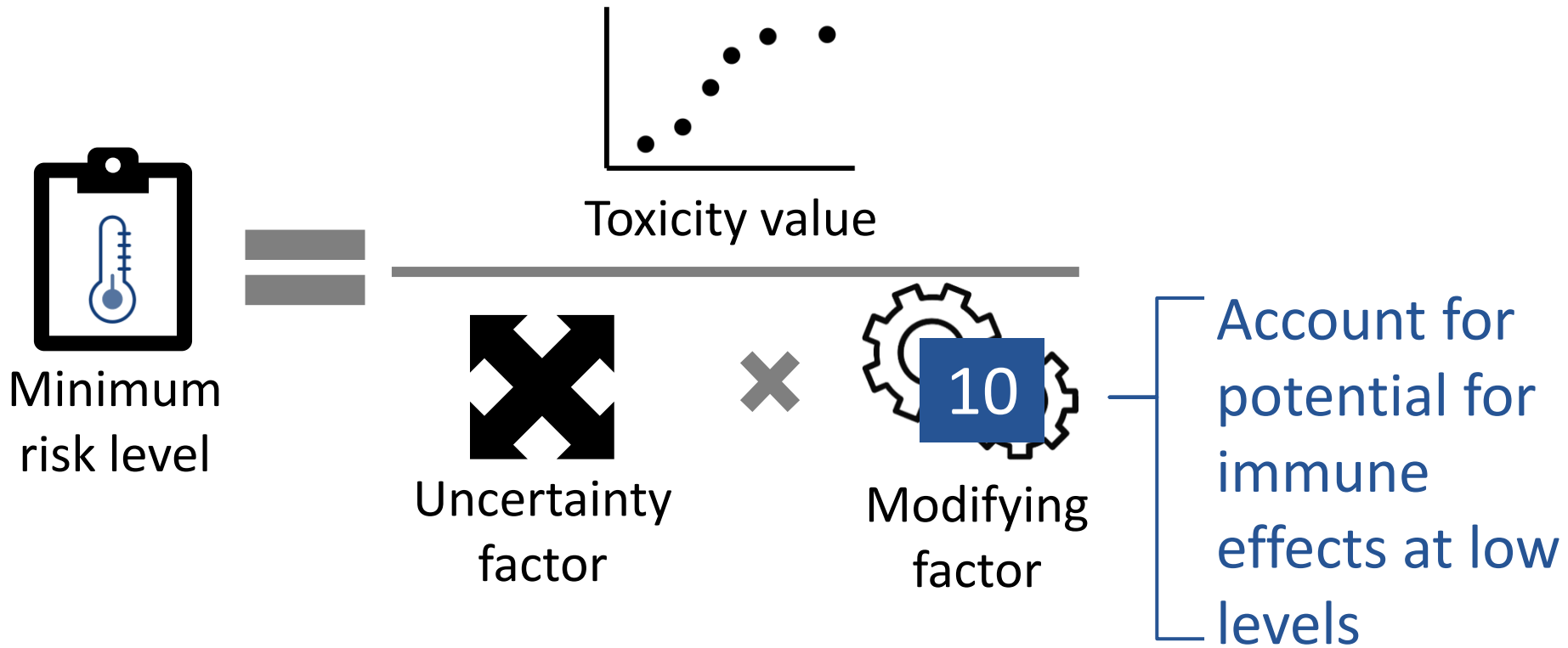
ATSDR's calculation for PFOS:



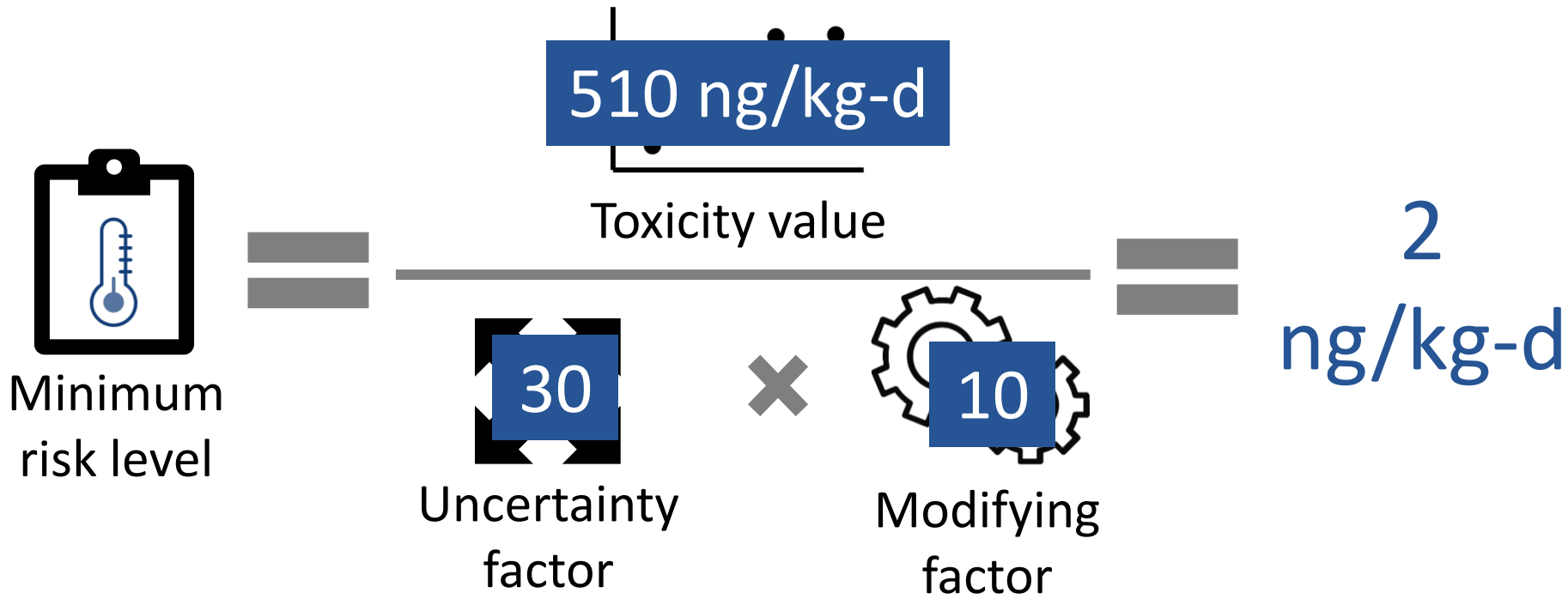
ATSDR's calculation for PFOS:



ATSDR's calculation for PFOS:

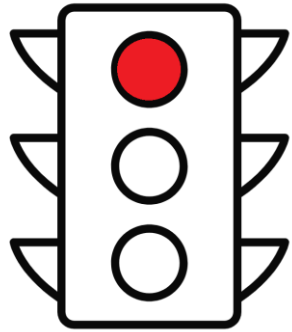


ATSDR's calculation for PFOS:



DHS recommends using ATSDR's minimum risk level for PFOS.

This approach protects from potential immune effects and infant exposure.



Enforcement
Standard



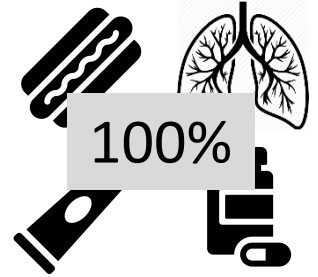
2 ng/kg-d

Acceptable
daily intake



10 kg

Body
weight



Relative source
contribution

1 L/d

Water
consumption

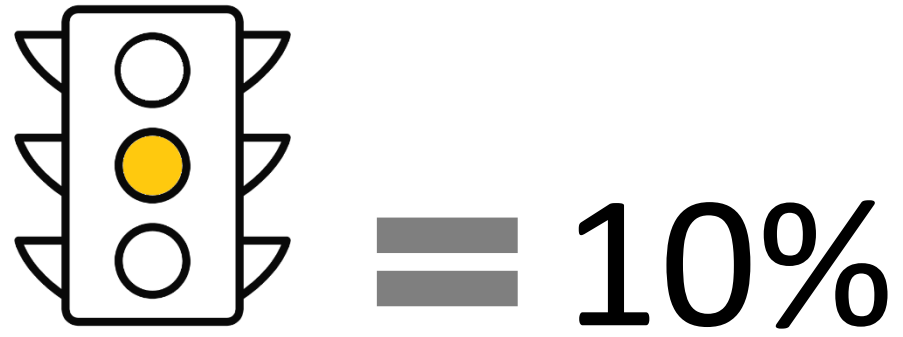
consumption

DHS' recommendation for PFOS




Enforcement
Standard

DHS' recommendation for PFOS



Preventive
action limit

PFOA has been shown to cause carcinogenic, teratogenic, or interactive effects

A close-up photograph of a woman with dark, curly hair holding a baby. The woman is looking down at the baby with a gentle expression. The baby is lying back, looking up at the woman. The background is softly blurred, showing what appears to be a window with light coming through. The overall mood is intimate and caring.

DHS recommends a combined enforcement standard of 20 ng/L for PFOA and PFOS.

Thanks!

Sarah Yang, Ph.D.
Groundwater Toxicologist
Bureau of Environmental and Occupational Health
Division of Public Health
Wisconsin Department of Health Services

sarahp.yang@wi.gov

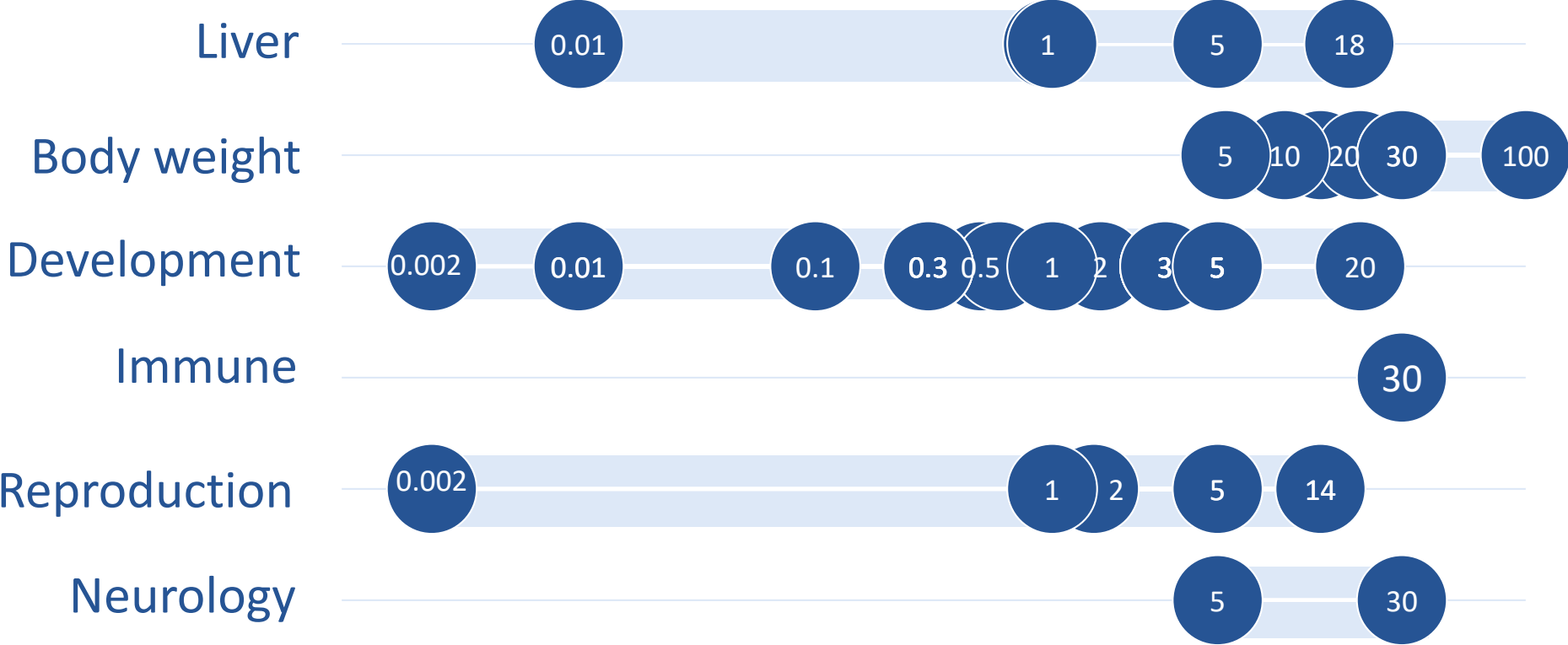
608-266-9337

Additional information can be found on DHS' webpage:
dhs.wisconsin.gov/water/gws.htm

The full scientific support document for all of the Cycle 10 compounds is available here:
dhs.wisconsin.gov/publications/p02434v.pdf.

Additional information

LOAELs from non-acute studies



Data from Table 2-3 in ATSDR's [Toxicological Profile for Perfluoroalkyls](#)

Lau et al., 2006 results (part 1)

		Dose (mg/kg-d)					
		1	3	5	10	20	40
Effects observed in mothers							
Body weight	Reduced maternal weight gain					✓	✓
	Increased percent of dams with full litter resorption			✓	✓	✓	✓
Reproduction	Reduced number of live fetuses					✓	N/A
	Increased percent of prenatal loss					✓	N/A
	Increased time to parturition		✓		✓	✓	N/A

Lau et al., 2006 results (part 2)

Effects observed in offspring		Dose (mg/kg-d)				
		1	3	5	10	20
Survival	Reduced neonatal survival			✓	✓	✓
Body weight	Reduced fetal body weight					✓
Bone development	Decreased number of ossification sites in sternebrae, caudal vertebrae, metacarpals, metatarsals					✓
	Decreased number of ossification sites in forelimb proximal phalanges	✓	✓		✓	✓
	Decreased number of ossification sites in hindlimb proximal phalanges	✓			✓	✓
	Reduced percent ossification in calvaria	✓				✓
	Reduced percent ossification in supraoccipital				✓	✓
	Reduced percent ossification in unossified hybrid					✓
	Increased number of enlarged fontanel	✓	✓			✓

Summary of epidemiological studies located during the literature review for PFOS

Category	Examples	Number of Studies
Metabolic	Diabetes (type 1, 2, and gestational), glucose tolerance, insulin resistance, BMI, obesity/overweight, adiposity, cholesterol, triglycerides	41
Birth outcomes	Birth size (weight, length, etc), gestation age, small for gestational age, fetal growth, anogenital distance at birth	25
Neurological	Attention, impulse control, visual and spatial ability, cognitive development, executive function, autism spectrum disorder, intellectual disability	18
Reproductive	Endometriosis, preeclampsia, reproductive hormones, time to pregnancy, fertility, semen characteristics, pregnancy loss, menopause, puberty onset	13
Immune	Asthma, vaccine antibodies, allergic conditions, infectious disease incidence, atopic dermatitis	12
Thyroid	Thyroid hormones, thyroid function	10
Cardiovascular	heart attack, stroke, heart failure, arterial wall stiffness, coronary heart disease, blood pressure, hypertension	7
kidney	Chronic kidney disease, kidney function, glomerular filtration	7
Other	Vitamin D, bone density, lung function, dental carries, gut bacteria and metabolites, mortality,	6
DNA	Telomere length, DNA methylation	5
Liver	ALT (alanine aminotransferase), other liver function biomarkers	4
Cancer	Breast cancer	2

Lau et al., 2006 results (part 3)

Effects observed in offspring		Dose (mg/kg-d)				
		1	3	5	10	20
Birth defects	Increased percent of tail defects			✓	✓	✓
	Increased percent of limb defects			✓		✓
Heart	Increased percent of microcardia				✓	✓
Development	Delayed eye opening			✓	✓	✓
	Delayed vaginal opening		✓			✓
	Delayed first estrus			✓		✓
	Altered preputial separation	✓	✓	✓	✓	✓

Leubker et al., 2005 results (part 1)

Effects observed in F0 generation (males)		Dose (mg/kg-d)			
		0.1	0.4	1.6	3.2
Body weight	Reduced body weight			✓ ^a	✓ ^b
Food consumption	Reduced food consumption days 1-42			✓	✓
	Reduced food consumption days 56-63		✓	✓	✓

- a. Days 56 through termination
- b. Days 36 through termination

Leubker et al., 2005 results (part 2)

Effects observed in F0 generation (females)		Dose (mg/kg-d)			
		0.1	0.4	1.6	3.2
Body weight	Reduced body weight during prehabitation				✓ ^c
	Reduced body weight during gestation			✓ ^d	✓ ^e
	Reduced body weight during lactation		✓ ^f		✓ ^g
Food consumption	Reduced food consumption during pre mating and gestation				✓
	Reduced food consumption during lactation			✓	N/A
Reproduction	Reduced gestation duration				✓
	Decreased implantation sites per delivered litter				✓
	Increased percent of animals with stillborn pups				✓
	Increased percent of animals with all pups dying (PND 1-4)				✓

c. Days 15-42

d. Gestation days 3-10

e. Gestation days 0-20 Lactation day 7

f. Lactation day 1; no results for days 4-21

Leubker et al., 2005 results (part 3)

Effects observed in F1 generation		Dose (mg/kg-d)			
		0.1	0.4	1.6	3.2
Survival	Decreased liveborn				✓
	Increased stillborn per litter				✓
	Increased percent of pups found dead			✓ ^g	✓ ^h
	Reduced viability index			✓	✓
	Reduced lactation index			✓	N/A
Body weight	Decreased weight per litter			✓ ⁱ	✓ ^j
	Reduced weight change per litter			✓ ^k	N/A

g. Postnatal days 2-4 and 5-7

h. Postnatal day 1 and 2-4; not results for days 5-21

i. Postnatal days 1-21

j. Postnatal day 1; no results for days 2-21

k. Postnatal days 1-4; 4-7; 7-14; 14-21

Leubker et al., 2005 results (part 3)

		Dose (mg/kg-d)	
Effects observed in F2 generation		0.1	0.4
Body weight	Reduced weight per litter		✓ ^l
	Reduced weight change per litter		✓ ^m

l. Postnatal days 7 and 14

m. Postnatal days 4-7 and 7-14